

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Requa Greer

HAS ESTABLISHED A NEW RECORD AT THE

MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 14, 2023 - Santa Fe, NM

IN THE FOLLOWING CATEGORY & DIVISION

55kg MASTERS WOMEN 70-74

SNATCH

11kg

12kg

15kg

CLEAN & JERK

14kg

16kg

18kg

TOTAL

29kg

31kg

33kg




Eric Bramwell - Mountain South President