

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Rufe Bynum

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HAS ESTABLISHED A NEW RECORD AT THE

**MOUNTAIN SOUTH WSO CHAMPIONSHIP**  
**October 29, 2023 - Albuquerque, NM**

IN THE FOLLOWING CATEGORY & DIVISION

**102kg OPEN MEN**

SNATCH

CLEAN & JERK

TOTAL

**150kg**

**270kg**



  
Eric Bramwell - Mountain South President