

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Xavier Borde

HAS ESTABLISHED A NEW RECORD AT THE

NATIONAL CHAMPIONSHIP
July 2, 2023 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

109kg OPEN MEN

SNATCH

CLEAN & JERK

TOTAL

185kg

328kg




Eric Bramwell - Mountain South President