

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Xavier Borde

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN FINALS
December 10, 2023 - Wilmington, NC

IN THE FOLLOWING CATEGORY & DIVISION

109KG OPEN MEN

SNATCH

148kg
152kg

CLEAN & JERK

188kg

TOTAL

332kg
340kg




Eric Bramwell - Mountain South President