

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

---

## Matthew Parento

---

HAS ESTABLISHED A NEW RECORD AT THE

**YOUTH NATIONAL CHAMPIONSHIP**  
**June 24, 2023 - Colorado Springs, CO**

IN THE FOLLOWING CATEGORY & DIVISION

**49KG YOUTH MEN U11**

SNATCH

**25kg**  
**28kg**

CLEAN & JERK

**33kg**  
**35kg**

TOTAL

**61kg**  
**63kg**



  
Eric Bramwell - Mountain South President