

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Lincoln Dana

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HAS ESTABLISHED A NEW RECORD AT THE

**NORTH AMERICAN OPEN SERIES 1**  
**March 2, 2023 - Columbus, OH**

IN THE FOLLOWING CATEGORY & DIVISION

**61kg YOUTH MEN 16-17**

SNATCH

**75kg**

CLEAN & JERK

**95kg**  
**101kg**  
**105kg**

TOTAL

**170kg**  
**176kg**  
**180kg**



  
Eric Bramwell - Mountain South President