

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Lincoln Dana

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HAS ESTABLISHED A NEW RECORD AT THE

**YOUTH NATIONAL CHAMPIONSHIP**  
**June 26, 2023 - Colorado Springs, CO**

IN THE FOLLOWING CATEGORY & DIVISION

**61KG YOUTH MEN 16-17**

SNATCH

**80kg**  
**85kg**

CLEAN & JERK

TOTAL

**185kg**  
**190kg**



  
Eric Bramwell - Mountain South President