

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lincoln Dana

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN FINALS
December 7, 2023 - Wilmington, NC

IN THE FOLLOWING CATEGORY & DIVISION

67KG YOUTH MEN 16-17

SNATCH

91kg

CLEAN & JERK

115kg

TOTAL

206kg




Eric Bramwell - Mountain South President