

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lily Ontiveros

HAS ESTABLISHED A NEW RECORD AT THE

YOUTH NATIONAL CHAMPIONSHIP
June 24, 2023 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

64KG YOUTH WOMEN U11



SNATCH

31kg

33kg

35kg

CLEAN & JERK

39kg

43kg

TOTAL

74kg

78kg


Eric Bramwell - Mountain South President