

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Tierany Lally

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN FINALS
December 7, 2023 - Wilmington, NC

IN THE FOLLOWING CATEGORY & DIVISION

36KG YOUTH WOMEN 14-15

SNATCH

30kg

CLEAN & JERK

35kg

TOTAL

65kg




Eric Bramwell - Mountain South President