

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Amelia Phillips

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HAS ESTABLISHED A NEW RECORD AT THE  
**MOUNTAIN SOUTH WSO CHAMPIONSHIP**  
**October 28, 2023 -Albuquerque, NM**  
IN THE FOLLOWING CATEGORY & DIVISION  
**YOUTH WOMEN 14-15 49kg**



SNATCH

CLEAN & JERK

TOTAL

**63kg**  
**65kg**

**116kg**

  
Eric Bramwell - Mountain South President