

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Amelia Phillips

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN FINALS
December 7, 2023 - Wilmington, NC

IN THE FOLLOWING CATEGORY & DIVISION

49KG YOUTH WOMEN 14-15

SNATCH

CLEAN & JERK

TOTAL

66kg

118kg

71kg

123kg




Eric Bramwell - Mountain South President