MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Emma Trampp

HAS ESTABLISHED A NEW RECORD AT THE



MOUNTAIN SOUTH WSO CHAMPIONSHIP October 28, 2023 - Albuquerque, NM

IN THE FOLLOWING CATEGORY & DIVISION

YOUTH WOMEN 14-15 +76kg

SNATCH

CLEAN & JERK

TOTAL

68kg

125kg



Eric Bramwell - Mountain South President