

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lincoln Dana

HAS ESTABLISHED A NEW RECORD AT THE

NATIONAL CHAMPIONSHIP
June 17, 2024 - Pittsburgh, PA

IN THE FOLLOWING CATEGORY & DIVISION

67KG JUNIOR MEN

SNATCH

97kg

CLEAN & JERK

122kg

TOTAL

219kg



Amanda Cook

Amanda Cook - Mountain South President