

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Amelia Phillips

HAS ESTABLISHED A NEW RECORD AT THE

YOUTH NATIONAL CHAMPIONSHIP
June 16, 2024 - Pittsburgh, PA

IN THE FOLLOWING CATEGORY & DIVISION

49KG JUNIOR WOMEN

SNATCH

CLEAN & JERK

TOTAL

77kg

137kg



Amanda Cook

Amanda Cook - Mountain South President