

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Marshall Flagg

HAS ESTABLISHED A NEW RECORD AT THE

MASTERS NATIONAL CHAMPIONSHIP
March 21, 2024 - Reno, NV

IN THE FOLLOWING CATEGORY & DIVISION

96KG MASTERS MEN 55-59

SNATCH

90kg

96kg

CLEAN & JERK

113kg

122kg

TOTAL

206kg

209kg

218kg



Amanda Cook

Amanda Cook - Mountain South President