

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Tovah Kjolsrub

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HAS ESTABLISHED A NEW RECORD AT THE

**NORTH AMERICAN OPEN SERIES 2**  
**August 29, 2024 - Fort Worth, TX**

IN THE FOLLOWING CATEGORY & DIVISION

**55KG MASTERS WOMEN 45-49**

SNATCH

**38kg**

CLEAN & JERK

**48kg**  
**50kg**

TOTAL

**86kg**  
**88kg**



*Amanda Cook*

Amanda Cook - Mountain South President