

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Vanessa Alfaro

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN SERIES 2
August 29, 2024 - Fort Worth, TX

IN THE FOLLOWING CATEGORY & DIVISION

59KG MASTERS WOMEN 45-49

SNATCH

58kg

CLEAN & JERK

TOTAL

127kg



Amanda Cook

Amanda Cook - Mountain South President