

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lourence Cabantog

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN SERIES 2
August 29, 2024 - Fort Worth, TX

IN THE FOLLOWING CATEGORY & DIVISION

55kg OPEN MEN

SNATCH

86kg

CLEAN & JERK

105kg

110kg

115kg

TOTAL

191kg

196kg

201kg



Amanda Cook

Amanda Cook - Mountain South President