

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Amelia Phillips

HAS ESTABLISHED A NEW RECORD AT THE

PAN-AMERICAN YOUTH CHAMPIONSHIP
August 28, 2024 - Guayaquil, Ecuador

IN THE FOLLOWING CATEGORY & DIVISION

49KG YOUTH WOMEN 14-15

SNATCH

62kg

CLEAN & JERK

79kg
82kg

TOTAL

141kg
144kg



Amanda Cook

Amanda Cook - Mountain South President