



2024 Mountain South Championship BEST MALE LIFTER RESULTS

10/27/2024



BEST MALE LIFTER - OVERALL

OPEN MEN

Rank	Athlete	State	Age	Team	WC	BW	Total	Sinclair
1	Nathan Cerwinske	AZ	24	Performance One Weightlifting	89	89.00	308	372.100
2	Zachary White	AZ	21	Performance One Weightlifting	102	100.80	298	340.640
3	Martin Glenn-Adams	AZ	25	Fifty-One Fifty Weightlifting Club	81	73.80	252	337.450
4	Mario Mikha	AZ	34	Unaffiliated	73	73.00	245	330.262
5	Arturo Quesada	AZ	20	Performance One Weightlifting	89	88.50	255	309.090
6	Michael McHenry	NM	34	Strength Academy Weightlifting	102	101.47	270	307.799
7	Brandan Ho	NM	27	Enchanted Strength Weightlifting	61	60.66	200	305.239
8	Vincent Yocco	AZ	33	Unaffiliated	81	81.00	236	299.220
9	Doug Clouse	AZ	52	Performance One Weightlifting	109	105.50	264	296.380
10	David Amerson	AZ	23	Sanctuary Barbell	81	73.40	220	295.570

BEST MALE LIFTER - AGE GROUP

YOUTH MEN U13

Rank	Athlete	State	Age	Team	WC	BW	Total	Sinclair
1	Dominic Sanchez	AZ	10	Perception Weightlifting	36	33.50	51	134.000
2	Matthias Felix	NM	11	High Desert Athletic Club	32	32.00	39	107.844
3	Joshua Kist	NM	10	High Desert Athletic Club	55	50.11	49	86.944

YOUTH MEN 14-15

Rank	Athlete	State	Age	Team	WC	BW	Total	Sinclair
1	Xavier Medrano	AZ	15	Alee Athletics	89	89.25	186	224.520
2	Ashton Mcallister	AZ	14	Power & Grace Performance	61	57.25	140	223.100
3	Gavin Dahle	AZ	15	Power & Grace Performance	89+	107.65	153	170.470

YOUTH MEN 16-17

Rank	Athlete	State	Age	Team	WC	BW	Total	Sinclair
1	Antonino Micela	AZ	16	Performance One Weightlifting	73	71.45	208	284.140
2	Flynn King	NM	16	High Desert Athletic Club	67	66.48	191	273.400
3	Carlos Wendler	NM	17	Las Cruces Weightlifting	73	73.00	152	204.897

JUNIOR MEN 18-20

Rank	Athlete	State	Age	Team	WC	BW	Total	Sinclair
1	Arturo Quesada	AZ	20	Performance One Weightlifting	89	88.50	255	309.090
2	Nathan Culler	AZ	18	Power & Grace Performance	81	81.00	195	247.480
3	Jett Morris	AZ	18	Unaffiliated	89	87.70	200	243.510

MASTERS MEN 35+

Rank	Athlete	State	Age	Team	WC	BW	Total	SMF
1	Doug Clouse	AZ	52	Performance One Weightlifting	109	105.50	264	390.036
2	Shawn Hanrahan	AZ	51	Unaffiliated	109+	124.00	270	372.706
3	David Partridge	AZ	58	Kingman Barbell Club	81	78.50	185	349.316
4	Eugene Mcdougall	AZ	52	GTX Weightlifting	96	92.90	222	346.029
5	Richard Smith	AZ	48	Performance One Weightlifting	89	88.60	215	325.054
6	James Braun	AZ	45	Catalyst	89	85.10	216	321.237
7	Glenn Canales	NM	58	Unaffiliated	89	86.89	177	316.539
8	Chris Harney	NM	41	Fortis Weightlifting	67	67.00	192	314.141
9	Jean-Jacques Cabou	AZ	47	Catalyst	73	72.90	187	311.074
10	Eugene Shem	AZ	37	High Desert Athletic Club	96	93.50	240	310.628