



2023 Mountain South Championship

MENS TEAM RESULTS

10/27/2024



MENS CLUB CHAMPIONSHIP

- RULES:**
1. Top 10 Athlete Placement by Club from Open Division
 2. No More than 2 Athletes per Weight Category
 3. IWF Scoring Table applies

PLACE	POINTS	TEAM
1	152	Performance One Weightlifting
2	136	High Desert Athletic Club
3	112	Strength Academy Weightlifting
4	109	Fortis Weightlifting
5	94	Sanctuary Barbell
6	67	Fifty-One Fifty Weightlifting Club
7	66	Power & Grace Performance
8	60	Miller Weightlifting
9	57	ALEE Athletics
10	46	Enchanted Strength Weightlifting

Performance One Weightlifting

#	Cat	Athlete		Age	Club	Total	Place	Points	
1	73	Antonino Micela	AZ	16	Performance One Weightlifting	208	2	25	
2	89	Nathan Cerwinske	AZ	24	Performance One Weightlifting	308	1	28	
3	89	Arturo Quesada	AZ	20	Performance One Weightlifting	255	2	25	
4	89	Richard Smith	AZ	48	Performance One Weightlifting	215	6	-	
5	89	Dylan McCullough	AZ	16	Performance One Weightlifting	164	15	-	
6	96	Cheng Li	AZ	32	Performance One Weightlifting	163	8	18	
7	102	Zachary White	AZ	21	Performance One Weightlifting	298	1	28	
8	109	Doug Clouse	AZ	52	Performance One Weightlifting	264	1	28	
9									
10									
TOTAL							152		

High Desert Athletic Club

#	Cat	Athlete		Age	Club	Total	Place	Points	
1	55	Joshua Kist	NM	10	High Desert Athletic Club	49	2	25	
2	55	Matthias Felix	NM	11	High Desert Athletic Club	39	3	23	
3	67	Flynn King	NM	16	High Desert Athletic Club	191	2	25	
4	81	Akobi Nguyen	NM	27	High Desert Athletic Club	156	12	14	
5	89	Sean Chen	AZ	21	High Desert Athletic Club	215	5	21	
6	96	Eugene Shem	AZ	37	High Desert Athletic Club	240	1	28	
7									
8									
9									
10									
TOTAL							136		



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Strength Academy Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	73	Kolbi Montoya	NM	20	Strength Academy Weightlifting	-	-	-	
2	96	Belal Aboabdo	NM	28	Strength Academy Weightlifting	200	6	20	
3	102	Michael McHenry	NM	34	Strength Academy Weightlifting	270	2	25	
4	102	Adrian Cederberg	NM	27	Strength Academy Weightlifting	190	4	22	
5	109	Bernie Salazar	NM	35	Strength Academy Weightlifting	155	4	22	
6	109+	Alan-Nghia Duong	NM	27	Strength Academy Weightlifting	254	3	23	
7									
8									
9									
10									
TOTAL							112		

Fortis Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	67	Chris Harney	NM	41	Fortis Weightlifting	192	1	28	
2	67	Philip Salas	NM	48	Fortis Weightlifting	149	4	22	
3	73	Chris Prentice	NM	40	Fortis Weightlifting	144	7	19	
4	96	Joseph Parmoon	NM	60	Fortis Weightlifting	129	9	17	
5	102	Steve Vaughan	NM	46	Fortis Weightlifting	213	3	23	
6									
7									
8									
9									
10									
TOTAL							109		

Sanctuary Barbell

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	81	David Amerson	AZ	23	Sanctuary Barbell	220	3	23	
2	81	Moulero Akobi	AZ	28	Sanctuary Barbell	162	11	15	
3	81	Tyler Melton	AZ	45	Sanctuary Barbell	125	13	-	
4	89	David Hoffer	AZ	28	Sanctuary Barbell	199	9	17	
5	89	Jose Carmona	AZ	47	Sanctuary Barbell	189	12	14	
6	89	Joseph Trujillo	AZ	59	Sanctuary Barbell	149	16		
7	96	Michael Thomas	AZ	28	Sanctuary Barbell	238	2	25	
8									
9									
10									
TOTAL							94		



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Fifty-One Fifty Weightlifting Club

#	Cat	Athlete		Age	Club	Total	Place	Points	
1	67	James	Devall	AZ	21	Fifty-One Fifty Weightlifting Club	185	3	23
2	81	Martin	Glenn-Adams	AZ	25	Fifty-One Fifty Weightlifting Club	252	1	28
3	81	Cedric	Mendoza	AZ	24	Fifty-One Fifty Weightlifting Club	165	10	16
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5									
6									
7									
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9									
10									
TOTAL								67	

Power & Grace Performance

#	Cat	Athlete		Age	Club	Total	Place	Points	
1	61	Ashton	Mcallister	AZ	14	Power & Grace Performance	140	2	25
2	81	Nathan	Culler	AZ	18	Power & Grace Performance	195	6	20
3	109	Gavin	Dahle	AZ	15	Power & Grace Performance	153	5	21
4									
5									
6									
7									
8									
9									
10									
TOTAL								66	

Miller Weightlifting

#	Cat	Athlete		Age	Club	Total	Place	Points	
1	67	Nicholas	Weingarten	NM	73	Miller Weightlifting	103	5	21
2	89	Eric	Renner	NM	28	Miller Weightlifting	233	3	23
3	89	Ivan	Gonzalez	NM	28	Miller Weightlifting	194	10	16
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5									
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10									
TOTAL								60	



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ALEE Athletics

#	Cat	Athlete		Age	Club	Total	Place	Points	
1	67	Stephen Murray	AZ	24	Alee Athletics	0	-		
2	89	Christian Johnson	AZ	24	Alee Athletics	213	7	19	
3	89	Xavier Medrano	AZ	15	Alee Athletics	186	13	13	
4	109+	David Hodgins	AZ	29	Alee Athletics	266	2	25	
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8									
9									
10									
TOTAL							57		

Enchanted Strength Weightlifting

#	Cat	Athlete		Age	Club	Total	Place	Points	
1	61	Brandan Ho	NM	27	Enchanted Strength Weightlifting	200	1	28	
2	81	David Lochridge	NM	36	Enchanted Strength Weightlifting	186	8	18	
3									
4									
5									
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8									
9									
10									
TOTAL							46		

Catalyst

#	Cat	Athlete		Age	Club	Total	Place	Points	
1	73	Jean-Jacques Cabou	AZ	47	Catalyst	187	5	21	
2	89	James Braun	AZ	45	Catalyst	216	4	22	
3									
4									
5									
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8									
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10									
TOTAL							43		