

MOUNTAIN SOUTH BEST LIFTER

Amelia Phillips

RECOGNIZING THE TOP PERFORMANCE AT THE

MOUNTAIN SOUTH WSO CHAMPIONSHIP
October 19, 2024 - Tempe, AZ

IN THE FOLLOWING DIVISION

YOUTH WOMEN 14-15

CAT	BODYWEIGHT	TOTAL	SINCLAIR
55kg	51.30kg	138kg	208.320



Amanda Cook

Amanda Cook - Mountain South President