

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Joseph Parmoon

HAS ESTABLISHED A NEW RECORD AT THE

MOUNTAIN SOUTH & NM CHAMPIONSHIP
October 27, 2024 - Albuquerque, NM

IN THE FOLLOWING CATEGORY & DIVISION

96kg MASTERS MEN 60-64



SNATCH

56kg

59kg

CLEAN & JERK

65kg

68kg

70kg

TOTAL

124kg

127kg

129kg

Amanda Cook

Amanda Cook - Mountain South President