

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Noelle Sallaz

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH & AZ CHAMPIONSHIP
October 19, 2024 - Tempe, AZ

IN THE FOLLOWING CATEGORY & DIVISION

49kg MASTERS WOMEN 40-44

SNATCH

48kg

50kg

52kg

CLEAN & JERK

60kg

63kg

TOTAL

112kg

115kg



Amanda Cook

Amanda Cook - Mountain South President