

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Tiffany Gutknecht

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HAS ESTABLISHED A NEW RECORD AT THE  
**MOUNTAIN SOUTH & AZ CHAMPIONSHIP**  
October 19, 2024 - Tempe, AZ

IN THE FOLLOWING CATEGORY & DIVISION

**49kg MASTERS WOMEN 40-44**

SNATCH

**38kg**

**41kg**

CLEAN & JERK

**48kg**

**50kg**

TOTAL

**89kg**

**91kg**



*Amanda Cook*

Amanda Cook - Mountain South President