

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Jessica Walters

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH & AZ CHAMPIONSHIP
October 19, 2024 - Tempe, AZ

IN THE FOLLOWING CATEGORY & DIVISION

71kg MASTERS WOMEN 45-49

SNATCH

70kg

CLEAN & JERK

**83kg
86kg**

TOTAL

**153kg
156kg**



Amanda Cook

Amanda Cook - Mountain South President