

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Nadine Jones

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH & AZ CHAMPIONSHIP
October 19, 2024 - Tempe, AZ

IN THE FOLLOWING CATEGORY & DIVISION

81kg MASTERS WOMEN 50-54

<u>SNATCH</u>	<u>CLEAN & JERK</u>	<u>TOTAL</u>
45kg	60kg	109kg
49kg	64kg	113kg



Amanda Cook

Amanda Cook - Mountain South President