

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Grace Nadell

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HAS ESTABLISHED A NEW RECORD AT THE

**MOUNTAIN SOUTH & NM CHAMPIONSHIP**  
**October 26, 2024 - Albuquerque, NM**

IN THE FOLLOWING CATEGORY & DIVISION

**71kg MASTERS WOMEN 60-64**

SNATCH

**33kg**

CLEAN & JERK

TOTAL

**75kg**



*Amanda Cook*

Amanda Cook - Mountain South President