

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Zachary White

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH & AZ CHAMPIONSHIP
October 19, 2024 - Tempe, AZ

IN THE FOLLOWING CATEGORY & DIVISION

102kg OPEN MEN

<u>SNATCH</u>	<u>CLEAN & JERK</u>	<u>TOTAL</u>
128kg	162kg	294kg
133kg		298kg
136kg		



Amanda Cook

Amanda Cook - Mountain South President