

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Nathan Cerwinske

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HAS ESTABLISHED A NEW RECORD AT THE  
**MOUNTAIN SOUTH & AZ CHAMPIONSHIP**  
**October 19, 2024 - Tempe, AZ**

IN THE FOLLOWING CATEGORY & DIVISION

**89kg OPEN MEN**

SNATCH

CLEAN & JERK

TOTAL

**136kg**



*Amanda Cook*

Amanda Cook - Mountain South President