

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Amelia Phillips

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH & AZ CHAMPIONSHIP
October 19, 2024 - Tempe, AZ

IN THE FOLLOWING CATEGORY & DIVISION

55kg YOUTH WOMEN 14-15

SNATCH

CLEAN & JERK

TOTAL

77kg
80kg

138kg



Amanda Cook

Amanda Cook - Mountain South President