

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Tierany Lally

HAS ESTABLISHED A NEW RECORD AT THE
MOUNTAIN SOUTH & AZ CHAMPIONSHIP
October 19, 2024 - Tempe, AZ

IN THE FOLLOWING CATEGORY & DIVISION

40kg YOUTH WOMEN 16-17

SNATCH

35kg

36kg

CLEAN & JERK

39kg

42kg

44kg

TOTAL

75kg

78kg

80kg



Amanda Cook

Amanda Cook - Mountain South President