



2024 Mountain South Championship

WOMENS TEAM RESULTS

10/27/2024



WOMENS CLUB CHAMPIONSHIP

- RULES:**
1. Top 10 Athlete Placement by Club from Open Division
 2. No More than 2 Athletes per Weight Category
 3. IWF Scoring Table applies

PLACE	POINTS	TEAM
1	237	Power & Grace Performance
2	223	Performance One Weightlifting
3	132	ALEE Athletics
4	118	Miller Weightlifting
5	106	Sanctuary Barbell
6	92	Strength Academy Weightlifting
7	87	Fortis Weightlifting
8	61	High Desert Athletic Club
9	52	GTX Weightlifting
10	42	Fifty-One Fifty Weightlifting Club

Power & Grace Performance

#	Cat	Athlete	State	Age	Club	Total	Place	Points
1	45	Tierany Lally	AZ	16	Power & Grace Performance	80	1	28
2	45	Briana Dicosmo	AZ	14	Power & Grace Performance	71	2	25
3	55	Amelia Phillips	AZ	15	Power & Grace Performance	138	3	23
4	55	Makenna Walker	AZ	17	Power & Grace Performance	100	6	20
5	59	Carli McBride	AZ	20	Power & Grace Performance	147	2	25
6	59	Kawena Mason	AZ	18	Power & Grace Performance	135	3	23
7	64	Mahealani Mason	AZ	15	Power & Grace Performance	151	4	22
8	76	Kodi Mcbride	AZ	14	Power & Grace Performance	143	4	22
9	81	Lily Ontiveros	AZ	12	Power & Grace Performance	108	5	21
10	87	Kaylee Landa	AZ	19	Power & Grace Performance	207	1	28
TOTAL								237

Performance One Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points
1	49	Tiffany Gutknecht	AZ	40	Performance One Weightlifting	91	3	23
2	55	Beth Difelice	AZ	58	Performance One Weightlifting	88	11	15
3	59	Norelle Justice	AZ	31	Performance One Weightlifting	158	1	28
4	64	Jenny Clouse	AZ	49	Performance One Weightlifting	159	3	23
5	71	Jessica Walters	AZ	45	Performance One Weightlifting	156	2	25
6	71	Samantha Trendler	AZ	17	Performance One Weightlifting	105	10	16
7	76	Lindsay Perrizo	AZ	36	Performance One Weightlifting	157	2	25
8	76	Morgan Huppenthal	AZ	31	Performance One Weightlifting	135	6	20
9	81	Mayli Udall	AZ	16	Performance One Weightlifting	98	6	20
10	87+	Rebecca Walker	AZ	27	Performance One Weightlifting	225	1	28
TOTAL								223



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ALEE Athletics

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	55	Madison Chambers	AZ	21	Alee Athletics	126	4	22	
2	71	Kayli Kullos	AZ	30	Alee Athletics	185	1	28	
3	71	Alexandra Hibbs	AZ	17	Alee Athletics	131	5	21	
4	71	Kristen Grazier	AZ	42	Alee Athletics	99	11	-	
5	81	Jaime Gale	AZ	65	Alee Athletics	79	10	16	
6	87	Celina Ortega	AZ	22	Alee Athletics	177	3	23	
7	87	Amy Tunis	AZ	43	Alee Athletics	162	4	22	
8									
9									
10									
TOTAL							132		

Miller Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	49	Alexandra Ivanova	NM	26	Miller Weightlifting	104	2	25	
2	64	Sina Sontowski	NM	26	Miller Weightlifting	133	7	19	
3	64	Julie Canepa	NM	67	Miller Weightlifting	76	14	12	
4	71	Grace Nadell	NM	62	Miller Weightlifting	75	15	11	
5	76	Zavia Burton	NM	18	Miller Weightlifting	168	1	28	
6	76	Pilar Bennett	NM	32	Miller Weightlifting	153	3	23	
7									
8									
9									
10									
TOTAL							118		

Sanctuary Barbell

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	55	Maya Litt	AZ	15	Sanctuary Barbell	119	5	21	
2	64	Yuliana Lopez	AZ	24	Sanctuary Barbell	177	1	28	
3	71	Brittany Turcott	AZ	33	Sanctuary Barbell	123	8	18	
4	81	Lenore Grijalva	AZ	64	Sanctuary Barbell	85	8	18	
5	87	Jennifer Fournier	AZ	48	Sanctuary Barbell	106	5	21	
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10									
TOTAL							106		



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Strength Academy Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	55	Stephanie Malek	NM	33	Strength Academy Weightlifting	97	8	18	
2	55	Arryanna Gardea	NM	23	Strength Academy Weightlifting	93	10	-	
3	76	Charelle Brown	NM	28	Strength Academy Weightlifting	143	5	21	
4	81	Katie Otsuka	NM	34	Strength Academy Weightlifting	149	1	28	
5	87+	Consuelo Rios	NM	32	Strength Academy Weightlifting	181	2	25	
6									
7									
8									
9									
10									
TOTAL							92		

Fortis Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	55	Cara Farrell	NM	42	Fortis Weightlifting	141	2	25	
2	59	Karie Taylor	NM	42	Fortis Weightlifting	134	4	22	
3	64	Tawny Boyce	NM	40	Fortis Weightlifting	147	5	21	
4	81	Vanessa Anaya	NM	40	Fortis Weightlifting	96	7	19	
5									
6									
7									
8									
9									
10									
TOTAL							87		

High Desert Athletic Club

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	59	Ariyana Lacour	NM	25	High Desert Athletic Club	132	6	20	
2	71	Jessica Gentry	NM	45	High Desert Athletic Club	133	4	22	
3	76	Yuet-Ming Chan	AZ	37	High Desert Athletic Club	118	7	19	
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10									
TOTAL							61		



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GTX Weightlifting

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	59	Denise Hopkins	AZ	52	GTX Weightlifting	93	9	17	
2	64	Kari Williams	AZ	47	GTX Weightlifting	82	13	13	
3	87+	Christina Grijalva	AZ	22	GTX Weightlifting	107	4	22	
4									
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10									
TOTAL							52		

Fifty-One Fifty Weightlifting Club

#	Cat	Athlete	State	Age	Club	Total	Place	Points	
1	76	Dolores Triviz	AZ	67	Fifty-One Fifty Weightlifting Club	92	9	17	
2	81	Grace Terberg	AZ	21	Fifty-One Fifty Weightlifting Club	132	2	25	
3									
4									
5									
6									
7									
8									
9									
10									
TOTAL							42		