



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT	ATHLETE		STATE	KG	DATE	EVENT	LOCATION
OPEN WOMEN - SNATCH							
45	Gretchen Villa		AZ	71	3/4/22	NAO Series 1	Columbus, OH
49	Amelia Phillips		AZ	62	8/28/24	Youth Pan-Ams	Guayaquil, Ecuador
55	Kayla Cocker		UT	84	2/29/24	NAO Series 1	Columbus, OH
59	Brena Andrews		AZ	77	7/1/22	National Championship	Las Vegas, NV
64	Kaija Bramwell		UT	82	6/29/22	U25 Nationals	Las Vegas, NV
71	Addie Anderson		UT	90	9/16/23	NAO Series 2	Pleasanton, CA
76	Crystal Pittman		AZ	92	7/2/22	National Championship	Las Vegas, NV
81	Maci Winn		UT	108	3/6/22	NAO Series 1	Columbus, OH
87	Maci Winn		UT	99	3/3/24	NAO Series 1	Columbus, OH
87+	Rebecca Walker		AZ	100	10/19/24	WSO Championship	Tempe, AZ
OPEN WOMEN - CLEAN & JERK							
45	Gretchen Villa		AZ	86	7/1/22	National Championship	Las Vegas, NV
49	Amelia Phillips		AZ	82	8/28/24	Youth Pan-Ams	Guayaquil, Ecuador
55	Leila Cook		AZ	108	6/28/22	Junior Nationals	Las Vegas, NV
59	Jordan Nantz		AZ	93	6/18/24	Junior Nationals	Pittsburgh, PA
64	Yuliana Lopez		AZ	104	10/9/22	WSO Championship	Scottsdale, AZ
71	Addie Anderson		UT	114	6/29/23	Junior Nationals	Colorado Springs, CO
76	Crystal Pittman		AZ	110	7/2/22	National Championship	Las Vegas, NV
81	Maci Winn		UT	126	7/3/22	National Championship	Las Vegas, NV
87	Brittany Latham		NV	114	6/23/24	National Championship	Pittsburgh, PA
87+	Rebecca Walker		AZ	125	10/19/24	WSO Championship	Tempe, AZ
OPEN WOMEN - TOTAL							
45	Gretchen Villa		AZ	154	3/4/22	NAO Series 1	Columbus, OH
49	Amelia Phillips		AZ	144	8/28/24	Youth Pan-Ams	Guayaquil, Ecuador
55	Leila Cook		AZ	189	6/28/22	Junior Nationals	Las Vegas, NV
59	Brena Andrews		AZ	168	6/30/23	National Championship	Colorado Springs, CO
64	Kaija Bramwell		UT	185	6/29/22	U25 Nationals	Las Vegas, NV
71	Alexa Snyder		NV	202	3/1/24	NAO Series 1	Columbus, OH
76	Crystal Pittman		AZ	202	7/2/22	National Championship	Las Vegas, NV
81	Maci Winn		UT	234	7/3/22	National Championship	Las Vegas, NV
87	Maci Winn		UT	205	3/3/24	NAO Series 1	Columbus, OH
87+	Rebecca Walker		AZ	225	10/19/24	WSO Championship	Tempe, AZ



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT	ATHLETE		STATE	KG	DATE	EVENT	LOCATION
JUNIOR WOMEN U20 - SNATCH							
45	Gabriella	Pfund	AZ	46	6/26/22	Youth Nationals	Las Vegas, NV
49	Amelia	Phillips	AZ	62	8/28/24	Youth Pan-Ams	Guayaquil, Ecuador
55	Leila	Cook	AZ	82	10/21/22	Junior Pan Ams	Lima, Peru
59	Jordan	Nantz	AZ	73	6/18/24	Junior Nationals	Pittsburgh, PA
64	Kale'a	Mason	AZ	67	6/29/22	U25 Nationals	Las Vegas, NV
71	Addie	Anderson	UT	90	9/16/23	NAO Series 2	Pleasanton, CA
76	Zavia	Burton	NM	76	10/27/24	WSO Championship	Albuquerque, NM
81	Kaylee	Landa	AZ	87	12/3/22	NAO Finals	Atlanta, GA
87	Kaylee	Landa	AZ	92	10/19/24	WSO Championship	Tempe, AZ
87+	Malia	Levy	UT	90	11/18/23	UT Championship	Murray, UT

JUNIOR WOMEN U20 - CLEAN & JERK

45	Amelia	Phillips	AZ	57	3/2/23	NAO Series 1	Columbus, OH
49	Amelia	Phillips	AZ	82	8/28/24	Youth Pan-Ams	Guayaquil, Ecuador
55	Leila	Cook	AZ	108	6/28/22	Junior Nationals	Las Vegas, NV
59	Jordan	Nantz	AZ	93	6/18/24	Junior Nationals	Pittsburgh, PA
64	Mahealani	Mason	AZ	85	10/19/24	WSO Championship	Tempe, AZ
71	Addie	Anderson	UT	114	6/29/23	Junior Nationals	Colorado Springs, CO
76	Celina	Ortega	AZ	102	10/8/22	WSO Championship	Scottsdale, AZ
81	Kaylee	Landa	AZ	106	12/3/22	NAO Finals	Atlanta, GA
87	Kaylee	Landa	AZ	111	10/19/24	WSO Championship	Tempe, AZ
87+	Malia	Levy	UT	120	11/18/23	UT Championship	Murray, UT

JUNIOR WOMEN U20 - TOTAL

45	Gabriella	Pfund	AZ	100	6/26/22	Youth Nationals	Las Vegas, NV
49	Amelia	Phillips	AZ	144	8/28/24	Youth Pan-Ams	Guayaquil, Ecuador
55	Leila	Cook	AZ	189	6/28/22	Junior Nationals	Las Vegas, NV
59	Jordan	Nantz	AZ	166	6/18/24	Junior Nationals	Pittsburgh, PA
64	Mahealani	Mason	AZ	151	10/19/24	WSO Championship	Tempe, AZ
71	Addie	Anderson	UT	201	9/16/23	NAO Series 2	Pleasanton, CA
76	Celina	Ortega	AZ	177	10/8/22	WSO Championship	Scottsdale, AZ
81	Kaylee	Landa	AZ	193	12/3/22	NAO Finals	Atlanta, GA
87	Kaylee	Landa	AZ	203	10/19/24	WSO Championship	Tempe, AZ
87+	Malia	Levy	UT	210	11/18/23	UT Championship	Murray, UT



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT ATHLETE STATE KG DATE EVENT LOCATION

YOUTH WOMEN 16-17 - SNATCH

40	Tierany	Lally	AZ	36	10/19/24	WSO Championship	Tempe, AZ
45	Gabriella	Pfund	AZ	46	6/26/22	Youth Nationals	Las Vegas, NV
49	Jordan	Nantz	AZ	61	6/27/22	Youth Nationals	Las Vegas, NV
55	Jordan	Nantz	AZ	72	12/22/23	AZ Championship	Mesa, AZ
59	Jordan	Nantz	AZ	72	12/7/23	NAO Finals	Wilmington, NC
64	Alexandra	Hibbs	AZ	63	12/6/24	NAO Finals	Tucson, AZ
71	Zavia	Burton	NM	70	10/14/23	WSO Championship	Santa Fe, NM
76	Stella	Czaja	AZ	54	6/27/22	Youth Nationals	Las Vegas, NV
81	Kaylee	Landa	AZ	87	12/1/22	NAO Finals	Atlanta, GA
81+	Malia	Levy	UT	82	3/6/22	NAO Series 1	Columbus, OH

YOUTH WOMEN 16-17 - CLEAN & JERK

40	Tierany	Lally	AZ	44	10/19/24	WSO Championship	Tempe, AZ
45	Gabriella	Pfund	AZ	54	6/26/22	Youth Nationals	Las Vegas, NV
49	Jordan	Nantz	AZ	75	6/13/22	IWF Youth Worlds	Leon, Mexico
55	Jordan	Nantz	AZ	89	12/22/23	AZ Championship	Mesa, AZ
59	Jordan	Nantz	AZ	90	12/7/23	NAO Finals	Wilmington, NC
64	Brynli	McBride	AZ	78	6/17/24	Youth Nationals	Pittsburgh, PA
71	Zavia	Burton	NM	86	10/14/23	WSO Championship	Santa Fe, NM
76	Stella	Czaja	AZ	65	6/27/22	Youth Nationals	Las Vegas, NV
81	Kaylee	Landa	AZ	106	12/1/22	NAO Finals	Atlanta, GA
81+	Malia	Levy	UT	109	3/6/22	NAO Series 1	Columbus, OH

YOUTH WOMEN 16-17 - TOTAL

40	Tierany	Lally	AZ	80	10/19/24	WSO Championship	Tempe, AZ
45	Gabriella	Pfund	AZ	100	6/26/22	Youth Nationals	Las Vegas, NV
49	Jordan	Nantz	AZ	136	6/27/22	Youth Nationals	Las Vegas, NV
55	Jordan	Nantz	AZ	161	12/22/23	AZ Championship	Mesa, AZ
59	Jordan	Nantz	AZ	162	12/7/23	NAO Finals	Wilmington, NC
64	Alexandra	Hibbs	AZ	138	12/6/24	NAO Finals	Tucson, AZ
71	Zavia	Burton	NM	156	10/14/23	WSO Championship	Santa Fe, NM
76	Stella	Czaja	AZ	119	6/27/22	Youth Nationals	Las Vegas, NV
81	Kaylee	Landa	AZ	193	12/1/22	NAO Finals	Atlanta, GA
81+	Malia	Levy	UT	191	3/6/22	NAO Series 1	Columbus, OH



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT	ATHLETE	STATE	KG	DATE	EVENT	LOCATION
YOUTH WOMEN 14-15 - SNATCH						
36	Tierany Lally	AZ	30	12/7/23	NAO Finals	Wilmington, NC
40	Briana DiCosmo	AZ	31	10/19/24	WSO Championship	Tempe, AZ
45	Amelia Phillips	AZ	42	3/2/23	NAO Series 1	Columbus, OH
49	Amelia Phillips	AZ	62	8/28/24	Youth Pan-Ams	Guayaquil, Ecuador
55	Mahealani Mason	AZ	62	2/29/24	NAO Series 1	Columbus, OH
59	Mahealani Mason	AZ	67	12/5/24	NAO Finals	Tucson, AZ
64	Mahealani Mason	AZ	66	10/19/24	WSO Championship	Tempe, AZ
71	Malayna Velasquez	NM	32	10/28/23	WSO Championship	Albuquerque, NM
76	Kodi McBride	AZ	66	6/16/24	Youth Nationals	Pittsburgh, PA
76+	Emma Trampp	AZ	58	12/1/22	NAO Finals	Atlanta, GA

YOUTH WOMEN 14-15 - CLEAN & JERK

36	Briana DiCosmo	AZ	39	6/16/24	Youth Nationals	Pittsburgh, PA
40	Briana DiCosmo	AZ	40	10/19/24	WSO Championship	Tempe, AZ
45	Amelia Phillips	AZ	57	3/2/23	NAO Series 1	Columbus, OH
49	Amelia Phillips	AZ	82	8/28/24	Youth Pan-Ams	Guayaquil, Ecuador
55	Amelia Phillips	AZ	80	10/19/24	WSO Championship	Tempe, AZ
59	Mahealani Mason	AZ	80	12/5/24	NAO Finals	Tucson, AZ
64	Mahealani Mason	AZ	85	10/19/24	WSO Championship	Tempe, AZ
71	Malayna Velasquez	NM	41	10/28/23	WSO Championship	Albuquerque, NM
76	Kodi McBride	AZ	78	10/19/24	WSO Championship	Tempe, AZ
76+	Emma Trampp	AZ	68	10/28/23	WSO Championship	Albuquerque, NM

YOUTH WOMEN 14-15 - TOTAL

36	Briana DiCosmo	AZ	66	6/16/24	Youth Nationals	Pittsburgh, PA
40	Briana DiCosmo	AZ	71	10/19/24	WSO Championship	Tempe, AZ
45	Amelia Phillips	AZ	99	3/2/23	NAO Series 1	Columbus, OH
49	Amelia Phillips	AZ	144	8/28/24	Youth Pan-Ams	Guayaquil, Ecuador
55	Amelia Phillips	AZ	138	10/19/24	WSO Championship	Tempe, AZ
59	Mahealani Mason	AZ	147	12/5/24	NAO Finals	Tucson, AZ
64	Mahealani Mason	AZ	151	10/19/24	WSO Championship	Tempe, AZ
71	Malayna Velasquez	NM	73	10/28/23	WSO Championship	Albuquerque, NM
76	Kodi McBride	AZ	143	10/19/24	WSO Championship	Tempe, AZ
76+	Emma Trampp	AZ	125	10/28/23	WSO Championship	Albuquerque, NM



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT ATHLETE STATE KG DATE EVENT LOCATION

YOUTH WOMEN U13 - SNATCH

30	Lilly	Mullenau	AZ	23	10/15/22	WSO Championship	Mesa, AZ
33	Lilly	Mullenau	AZ	27	12/23/23	AZ Championship	Mesa, AZ
36	Juliette	Phillips	AZ	31	6/15/24	Youth Nationals	Pittsburgh, PA
40	Kaiya	Blackhurst	AZ	25	6/24/23	Youth Nationals	Colorado Springs, CO
45	Mahealani	Mason	AZ	41	6/25/22	Youth Nationals	Las Vegas, NV
49	Mahealani	Mason	AZ	49	12/1/22	NAO Finals	Atlanta, GA
55	Kaiya	Blackhurst	AZ	45	12/5/24	NAO Finals	Tucson, AZ
59	Delaney	Brown	AZ	43	12/23/23	AZ Championship	Mesa, AZ
64	Kodi	McBride	AZ	56	12/1/22	NAO Finals	Atlanta, GA
64+	Kodi	McBride	AZ	62	12/22/23	AZ Championship	Mesa, AZ

YOUTH WOMEN U13 - CLEAN & JERK

30	Juliette	Phillips	AZ	34	6/24/23	Youth Nationals	Colorado Springs, CO
33	Lilly	Mullenau	AZ	36	12/23/23	AZ Championship	Mesa, AZ
36	Juliette	Phillips	AZ	41	6/15/24	Youth Nationals	Pittsburgh, PA
40	Kaiya	Blackhurst	AZ	41	6/24/23	Youth Nationals	Colorado Springs, CO
45	Mahealani	Mason	AZ	55	6/25/22	Youth Nationals	Las Vegas, NV
49	Mahealani	Mason	AZ	59	12/1/22	NAO Finals	Atlanta, GA
55	Luna	Gilmore	AZ	58	6/15/24	Youth Nationals	Pittsburgh, PA
59	Delaney	Brown	AZ	55	12/23/23	AZ Championship	Mesa, AZ
64	Kodi	McBride	AZ	62	12/1/22	NAO Finals	Atlanta, GA
64+	Kodi	McBride	AZ	72	12/22/23	AZ Championship	Mesa, AZ

YOUTH WOMEN U13 - TOTAL

30	Juliette	Phillips	AZ	55	6/24/23	Youth Nationals	Colorado Springs, CO
33	Lilly	Mullenau	AZ	63	12/23/23	AZ Championship	Mesa, AZ
36	Juliette	Phillips	AZ	72	6/15/24	Youth Nationals	Pittsburgh, PA
40	Kaiya	Blackhurst	AZ	66	6/24/23	Youth Nationals	Colorado Springs, CO
45	Mahealani	Mason	AZ	96	6/25/22	Youth Nationals	Las Vegas, NV
49	Mahealani	Mason	AZ	108	12/1/22	NAO Finals	Atlanta, GA
55	Luna	Gilmore	AZ	102	6/15/24	Youth Nationals	Pittsburgh, PA
59	Delaney	Brown	AZ	98	12/23/23	AZ Championship	Mesa, AZ
64	Kodi	McBride	AZ	118	12/1/22	NAO Finals	Atlanta, GA
64+	Kodi	McBride	AZ	134	12/22/23	AZ Championship	Mesa, AZ



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT	ATHLETE	STATE	KG	DATE	EVENT	LOCATION	
YOUTH WOMEN U11 - SNATCH							
30	Lilly	Mullenau	AZ	23	10/15/22	WSO Championship	Mesa, AZ
33							
36	Kaiya	Blackhurst	AZ	19	10/15/22	WSO Championship	Mesa, AZ
40							
45	Reese	Whiting	AZ	21	10/15/22	WSO Championship	Mesa, AZ
49	Luna	Gilmore	AZ	28	6/25/22	Youth Nationals	Las Vegas, NV
55	Reign	Gilmore	AZ	31	6/25/22	Youth Nationals	Las Vegas, NV
59							
64	Lily	Ontiveros	AZ	35	6/24/23	Youth Nationals	Colorado Springs, CO
64+	Lily	Ontiveros	AZ	38	12/23/23	AZ Championship	Mesa, AZ

YOUTH WOMEN U11 - CLEAN & JERK

30	Juliette	Phillips	AZ	34	6/24/23	Youth Nationals	Colorado Springs, CO
33							
36	Kaiya	Blackhurst	AZ	24	10/15/22	WSO Championship	Mesa, AZ
40	Reese	Whiting	AZ	25	6/25/22	Youth Nationals	Las Vegas, NV
45	Reese	Whiting	AZ	26	10/15/22	WSO Championship	Mesa, AZ
49	Luna	Gilmore	AZ	40	6/25/22	Youth Nationals	Las Vegas, NV
55	Reign	Gilmore	AZ	40	6/25/22	Youth Nationals	Las Vegas, NV
59							
64	Lily	Ontiveros	AZ	43	6/24/23	Youth Nationals	Colorado Springs, CO
64+	Lily	Ontiveros	AZ	48	12/23/23	AZ Championship	Mesa, AZ

YOUTH WOMEN U11 - TOTAL

30	Juliette	Phillips	AZ	55	6/24/23	Youth Nationals	Colorado Springs, CO
33							
36	Kaiya	Blackhurst	AZ	43	10/15/22	WSO Championship	Mesa, AZ
40							
45	Reese	Whiting	AZ	47	10/15/22	WSO Championship	Mesa, AZ
49	Luna	Gilmore	AZ	68	6/25/22	Youth Nationals	Las Vegas, NV
55	Reign	Gilmore	AZ	71	6/25/22	Youth Nationals	Las Vegas, NV
59							
64	Lily	Ontiveros	AZ	78	6/24/23	Youth Nationals	Colorado Springs, CO
64+	Lily	Ontiveros	AZ	86	12/23/23	AZ Championship	Mesa, AZ



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT ATHLETE STATE KG DATE EVENT LOCATION

MASTERS WOMEN 35-39 - SNATCH

45							
49	Angelica	Romero	NM	45	10/14/23	WSO Championship	Santa Fe, NM
55	Natalie	Vezina	AZ	65	4/23/22	Masters Nationals	Salt Lake City, UT
59	Patricia	Bennett	AZ	70	3/24/24	Masters Nationals	Reno, NV
64	Jessie	Shedlock	AZ	67	10/8/22	WSO Championship	Scottsdale, AZ
71	Katrina	Rasmussen	UT	84	7/2/22	National Championship	Las Vegas, NV
76	Mikaela	Dicome	NM	78	3/19/23	Masters Nationals	King of Prussia, PA
81	Emily	Merritt	AZ	77	4/24/22	Masters Nationals	Salt Lake City, UT
87	Deanna	McGillivray	NM	87	12/10/22	IWF Masters Worlds	Orlando, FL
87+	Deanna	McGillivray	NM	92	3/24/24	Masters Nationals	Reno, NV

MASTERS WOMEN 35-39 - CLEAN & JERK

45							
49	Genessa	Sanchez	NV	56	3/24/24	Masters Nationals	Reno, NV
55	Natalie	Vezina	AZ	83	8/13/22	American Masters	Baton Rouge, LA
59	Patricia	Bennett	AZ	87	10/28/23	WSO Championship	Albuquerque, NM
64	Breanna	Caywood	NM	81	10/29/22	WSO Championship	Albuquerque, NM
71	Katrina	Rasmussen	UT	112	12/9/22	IWF Masters Worlds	Orlando, FL
76	Mikaela	Dicome	NM	94	3/19/23	Masters Nationals	King of Prussia, PA
81	Emily	Merritt	AZ	98	4/24/22	Masters Nationals	Salt Lake City, UT
87	Deanna	McGillivray	NM	107	12/10/22	IWF Masters Worlds	Orlando, FL
87+	Katelyn	Curtis	UT	119	3/24/24	Masters Nationals	Reno, NV

MASTERS WOMEN 35-39 - TOTAL

45							
49	Angelica	Romero	NM	100	10/14/23	WSO Championship	Santa Fe, NM
55	Natalie	Vezina	AZ	147	4/23/22	Masters Nationals	Salt Lake City, UT
59	Patricia	Bennett	AZ	154	3/24/24	Masters Nationals	Reno, NV
64	Jessie	Shedlock	AZ	147	10/8/22	WSO Championship	Scottsdale, AZ
71	Katrina	Rasmussen	UT	196	12/9/22	IWF Masters Worlds	Orlando, FL
76	Mikaela	Dicome	NM	172	3/19/23	Masters Nationals	King of Prussia, PA
81	Emily	Merritt	AZ	175	4/24/22	Masters Nationals	Salt Lake City, UT
87	Deanna	McGillivray	NM	194	12/10/22	IWF Masters Worlds	Orlando, FL
87+	Katelyn	Curtis	UT	208	3/24/24	Masters Nationals	Reno, NV



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT	ATHLETE	STATE	KG	DATE	EVENT	LOCATION
MASTERS WOMEN 40-44 - SNATCH						
45						
49	Noelle Sallaz	AZ	52	10/19/24	WSO Championship	Tempe, AZ
55	Cara Farrell	NM	62	10/26/24	WSO Championship	Albuquerque, NM
59	Kelly Kramer	NM	60	10/14/23	WSO Championship	Santa Fe, NM
64	Kelly Gill	NM	65	10/29/22	WSO Championship	Albuquerque, NM
71	Jessica Walters	AZ	71	10/8/22	WSO Championship	Scottsdale, AZ
76	Jessica Walters	AZ	68	4/23/22	Masters Nationals	Salt Lake City, UT
81	Amanda Cook	NV	90	4/23/22	Masters Nationals	Salt Lake City, UT
87	Amy Tunis	AZ	75	10/19/24	WSO Championship	Tempe, AZ
87+	Courtney Howard	AZ	60	4/23/22	Masters Nationals	Salt Lake City, UT

MASTERS WOMEN 40-44 - CLEAN & JERK

45						
49	Noelle Sallaz	AZ	63	10/19/24	WSO Championship	Tempe, AZ
55	Cara Farrell	NM	79	10/26/24	WSO Championship	Albuquerque, NM
59	Karie Taylor	NM	77	10/26/24	WSO Championship	Albuquerque, NM
64	Tawny Boyce	NM	85	10/26/24	WSO Championship	Albuquerque, NM
71	Jessica Walters	AZ	90	10/8/22	WSO Championship	Scottsdale, AZ
76	Stephanie Rosario	AZ	89	3/23/24	Masters Nationals	Reno, NV
81	Amanda Cook	NV	108	9/17/23	NAO Series 2	Pleasanton, CA
87	Amy Tunis	AZ	87	10/19/24	WSO Championship	Tempe, AZ
87+	Courtney Howard	AZ	75	4/23/22	Masters Nationals	Salt Lake City, UT

MASTERS WOMEN 40-44 - TOTAL

45						
49	Noelle Sallaz	AZ	115	10/19/24	WSO Championship	Tempe, AZ
55	Cara Farrell	NM	141	10/26/24	WSO Championship	Albuquerque, NM
59	Karie Taylor	NM	134	10/26/24	WSO Championship	Albuquerque, NM
64	Tawny Boyce	NM	147	10/26/24	WSO Championship	Albuquerque, NM
71	Jessica Walters	AZ	161	10/8/22	WSO Championship	Scottsdale, AZ
76	Jessica Walters	AZ	154	4/23/22	Masters Nationals	Salt Lake City, UT
81	Amanda Cook	NV	194	9/17/23	NAO Series 2	Pleasanton, CA
87	Amy Tunis	AZ	162	10/19/24	WSO Championship	Tempe, AZ
87+	Courtney Howard	AZ	135	4/23/22	Masters Nationals	Salt Lake City, UT



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT	ATHLETE	STATE	KG	DATE	EVENT	LOCATION	
MASTERS WOMEN 45-49 - SNATCH							
45							
49							
55	Tovah	Kjolsrub	AZ	42	10/19/24	WSO Championship	Tempe, AZ
59	Vanessa	Alfaro	NV	58	8/29/24	NAO Series 2	Fort Worth, TX
64	Jenny	Clouse	AZ	75	10/28/23	WSO Championship	Albuquerque, NM
71	Jessica	Walters	AZ	70	10/19/24	WSO Championship	Tempe, AZ
76	Kelly	Burrows	NV	53	8/29/24	NAO Series 2	Fort Worth, TX
81	Nadine	Jones	AZ	55	12/5/22	IWF Masters Worlds	Orlando, FL
87	Mara	Arrieta	AZ	53	4/22/22	Masters Nationals	Salt Lake City, UT
87+	Courtney	Howard	AZ	56	10/19/24	WSO Championship	Tempe, AZ

MASTERS WOMEN 45-49 - CLEAN & JERK

45							
49							
55	Tovah	Kjolsrub	AZ	52	10/19/24	WSO Championship	Tempe, AZ
59	Soupha	Jones	NV	70	3/22/24	Masters Nationals	Reno, NV
64	Jenny	Clouse	AZ	90	10/28/23	WSO Championship	Albuquerque, NM
71	Jessica	Walters	AZ	88	12/7/24	NAO Finals	Tucson, AZ
76	Kelly	Burrows	NV	77	8/29/24	NAO Series 2	Fort Worth, TX
81	Edith	Donno	AZ	74	12/5/22	IWF Masters Worlds	Orlando, FL
87	Mara	Arrieta	AZ	73	4/22/22	Masters Nationals	Salt Lake City, UT
87+	Melina	Burt	NM	52	10/27/24	WSO Championship	Albuquerque, NM

MASTERS WOMEN 45-49 - TOTAL

45							
49							
55	Tovah	Kjolsrub	AZ	94	10/19/24	WSO Championship	Tempe, AZ
59	Vanessa	Alfaro	NV	127	8/29/24	NAO Series 2	Fort Worth, TX
64	Jenny	Clouse	AZ	165	10/28/23	WSO Championship	Albuquerque, NM
71	Jessica	Walters	AZ	157	12/7/24	NAO Finals	Tucson, AZ
76	Kelly	Burrows	NV	130	8/29/24	NAO Series 2	Fort Worth, TX
81	Edith	Donno	AZ	74	12/5/22	IWF Masters Worlds	Orlando, FL
87	Mara	Arrieta	AZ	126	4/22/22	Masters Nationals	Salt Lake City, UT
87+	Melina	Burt	NM	97	10/27/24	WSO Championship	Albuquerque, NM



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT	ATHLETE	STATE	KG	DATE	EVENT	LOCATION
MASTERS WOMEN 50-54 - SNATCH						
45						
49						
55						
59	Deanna	Montalbano	AZ	45	3/16/23	Masters Nationals King of Prussia, PA
64	Deanna	Montalbano	AZ	50	10/28/23	WSO Championship Albuquerque, NM
71						
76						
81	Nadine	Jones	AZ	49	10/19/24	WSO Championship Tempe, AZ
87						
87+						

MASTERS WOMEN 50-54 - CLEAN & JERK

45						
49						
55						
59	Deanna	Montalbano	AZ	58	3/16/23	Masters Nationals King of Prussia, PA
64	Deanna	Montalbano	AZ	66	10/28/23	WSO Championship Albuquerque, NM
71						
76						
81	Nadine	Jones	AZ	64	10/19/24	WSO Championship Tempe, AZ
87						
87+						

MASTERS WOMEN 50-54 - TOTAL

45						
49						
55						
59	Deanna	Montalbano	AZ	103	3/16/23	Masters Nationals King of Prussia, PA
64	Deanna	Montalbano	AZ	116	10/28/23	WSO Championship Albuquerque, NM
71						
76						
81	Nadine	Jones	AZ	113	10/19/24	WSO Championship Tempe, AZ
87						
87+						



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT	ATHLETE	STATE	KG	DATE	EVENT	LOCATION
MASTERS WOMEN 55-59 - SNATCH						
45						
49	Elizabeth Weil	NM	29	4/21/22	Masters Nationals	Salt Lake City, UT
55	Beth DiFelice	AZ	36	10/8/22	WSO Championship	Scottsdale, AZ
59	Beth DiFelice	AZ	39	5/25/23	Masters Pan Ams	Orlando, FL
64	Denise Borgia	NV	37	10/8/22	WSO Championship	Reno, NV
71	Teresa Nystrom	NM	42	10/27/24	WSO Championship	Albuquerque, NM
76						
81	Christine Wittorff	NV	39	3/21/24	Masters Nationals	Reno, NV
87	Leanda Bevans	AZ	49	12/3/22	IWF Masters Worlds	Orlando, FL
87+	Leanda Bevans	AZ	50	3/21/24	Masters Nationals	Reno, NV

MASTERS WOMEN 55-59 - CLEAN & JERK

45						
49	Elizabeth Weil	NM	40	4/21/22	Masters Nationals	Salt Lake City, UT
55	Beth DiFelice	AZ	48	12/5/24	NAO Finals	Tucson, AZ
59	Lucille Lopez	NM	51	10/26/24	WSO Championship	Albuquerque, NM
64	Denise Borgia	NV	54	10/8/22	WSO Championship	Reno, NV
71	Teresa Nystrom	NM	57	10/27/24	WSO Championship	Albuquerque, NM
76						
81	Christine Wittorff	NV	51	3/21/24	Masters Nationals	Reno, NV
87	Leanda Bevans	AZ	63	10/28/23	WSO Championship	Albuquerque, NM
87+	Leanda Bevans	AZ	65	10/9/22	WSO Championship	Scottsdale, AZ

MASTERS WOMEN 55-59 - TOTAL

45						
49	Elizabeth Weil	NM	69	4/21/22	Masters Nationals	Salt Lake City, UT
55	Beth DiFelice	AZ	84	12/5/24	NAO Finals	Tucson, AZ
59	Beth DiFelice	AZ	87	5/25/23	Masters Pan Ams	Orlando, FL
64	Denise Borgia	NV	91	10/8/22	WSO Championship	Reno, NV
71	Teresa Nystrom	NM	99	10/27/24	WSO Championship	Albuquerque, NM
76						
81	Christine Wittorff	NV	90	3/21/24	Masters Nationals	Reno, NV
87	Leanda Bevans	AZ	109	12/3/22	IWF Masters Worlds	Orlando, FL
87+	Leanda Bevans	AZ	110	3/21/24	Masters Nationals	Reno, NV



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT	ATHLETE	STATE	KG	DATE	EVENT	LOCATION
MASTERS WOMEN 60-64 - SNATCH						
45						
49						
55	Lisa Riggs	UT	38	4/21/22	Masters Nationals	Salt Lake City, UT
59	Christina Galvin	NM	46	4/21/22	Masters Nationals	Salt Lake City, UT
64						
71	Grace Nadell	NM	33	10/26/24	WSO Championship	Albuquerque, NM
76						
81	Lenore Grijalva	AZ	40	10/28/23	WSO Championship	Albuquerque, NM
87	Heather Kuusela	AZ	37	4/21/22	Masters Nationals	Salt Lake City, UT
87+	Felicia Hale	NM	23	10/30/22	WSO Championship	Albuquerque, NM

MASTERS WOMEN 60-64 - CLEAN & JERK

45						
49						
55	Lisa Riggs	UT	50	4/21/22	Masters Nationals	Salt Lake City, UT
59	Christina Galvin	NM	59	4/21/22	Masters Nationals	Salt Lake City, UT
64						
71	Grace Nadell	NM	42	10/14/23	WSO Championship	Santa Fe, NM
76						
81	Jaime Gale	AZ	54	4/21/22	Masters Nationals	Salt Lake City, UT
87	Heather Kuusela	AZ	60	4/21/22	Masters Nationals	Salt Lake City, UT
87+	Felicia Hale	NM	25	10/30/22	WSO Championship	Albuquerque, NM

MASTERS WOMEN 60-64 - TOTAL

45						
49						
55	Lisa Riggs	UT	88	4/21/22	Masters Nationals	Salt Lake City, UT
59	Christina Galvin	NM	105	4/21/22	Masters Nationals	Salt Lake City, UT
64						
71	Grace Nadell	NM	75	10/26/24	WSO Championship	Albuquerque, NM
76						
81	Jaime Gale	AZ	91	10/9/22	WSO Championship	Scottsdale, AZ
87	Heather Kuusela	AZ	97	4/21/22	Masters Nationals	Salt Lake City, UT
87+	Felicia Hale	NM	48	10/30/22	WSO Championship	Albuquerque, NM



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT ATHLETE STATE KG DATE EVENT LOCATION

MASTERS WOMEN 65-69 - SNATCH

45							
49							
55	Kim	Alderwick	NM	34	12/1/23	IWF Masters Worlds	Orlando, FL
59	Barbara	Rivers	NM	18	9/16/22	NAO Series 2	Calgary, CAN
64	Julie	Canepa	NM	31	10/26/24	WSO Championship	Albuquerque, NM
71							
76	Dolores	Triviz	AZ	42	10/28/23	WSO Championship	Albuquerque, NM
81	Jaime	Gale	AZ	33	10/19/24	WSO Championship	Tempe, AZ
87	Jaime	Gale	AZ	33	12/8/24	NAO Finals	Tucson, AZ
87+							

MASTERS WOMEN 65-69 - CLEAN & JERK

45							
49							
55	Kim	Alderwick	NM	38	4/21/22	Masters Nationals	Salt Lake City, UT
59	Barbara	Rivers	NM	25	9/16/22	NAO Series 2	Calgary, CAN
64	Julie	Canepa	NM	45	10/26/24	WSO Championship	Albuquerque, NM
71							
76	Dolores	Triviz	AZ	52	10/19/24	WSO Championship	Tempe, AZ
81	Jaime	Gale	AZ	46	10/19/24	WSO Championship	Tempe, AZ
87	Jaime	Gale	AZ	45	12/8/24	NAO Finals	Tucson, AZ
87+							

MASTERS WOMEN 65-69 - TOTAL

45							
49							
55	Kim	Alderwick	NM	71	12/1/23	IWF Masters Worlds	Orlando, FL
59	Barbara	Rivers	NM	43	9/16/22	NAO Series 2	Calgary, CAN
64	Julie	Canepa	NM	76	10/26/24	WSO Championship	Albuquerque, NM
71							
76	Dolores	Triviz	AZ	93	10/28/23	WSO Championship	Albuquerque, NM
81	Jaime	Gale	AZ	79	10/19/24	WSO Championship	Tempe, AZ
87	Jaime	Gale	AZ	78	12/8/24	NAO Finals	Tucson, AZ
87+							



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT ATHLETE STATE KG DATE EVENT LOCATION

MASTERS WOMEN 70-74 - SNATCH

45							
49							
55	Requa	Greer	NM	15	10/14/23	WSO Championship	Santa Fe, NM
59	Barbara	Rivers	NM	18	9/14/23	NAO Series 2	Pleasanton, CA
64	Barbara	Rivers	NM	16	10/26/24	WSO Championship	Albuquerque, NM
71							
76							
81							
87							
87+							

MASTERS WOMEN 70-74 - CLEAN & JERK

45							
49							
55	Requa	Greer	NM	18	10/14/23	WSO Championship	Santa Fe, NM
59	Barbara	Rivers	NM	23	9/14/23	NAO Series 2	Pleasanton, CA
64	Barbara	Rivers	NM	24	10/26/24	WSO Championship	Albuquerque, NM
71							
76							
81							
87							
87+							

MASTERS WOMEN 70-74 - TOTAL

45							
49							
55	Requa	Greer	NM	33	10/14/23	WSO Championship	Santa Fe, NM
59	Barbara	Rivers	NM	41	9/14/23	NAO Series 2	Pleasanton, CA
64	Barbara	Rivers	NM	40	10/26/24	WSO Championship	Albuquerque, NM
71							
76							
81							
87							
87+							



MOUNTAIN SOUTH WSO RECORDS

Beginning 1/1/2022 through **12/8/2024**

CAT ATHLETE STATE KG DATE EVENT LOCATION

MASTERS WOMEN 75+ - SNATCH

45							
49							
55							
59	Carol	Adams	AZ	25	4/21/22	Masters Nationals	Salt Lake City, UT
64							
71							
76							
81							
87							
87+							

MASTERS WOMEN 75+ - CLEAN & JERK

45							
49							
55							
59	Carol	Adams	AZ	35	4/21/22	Masters Nationals	Salt Lake City, UT
64							
71							
76							
81							
87							
87+							

MASTERS WOMEN 75+ - TOTAL

45							
49							
55							
59	Carol	Adams	AZ	60	4/21/22	Masters Nationals	Salt Lake City, UT
64							
71							
76							
81							
87							
87+							