



# MOUNTAIN SOUTH WSO RECORDS

## TOP PERFORMANCES



From 1/1/2022 through 12/08/2024

Ranked by Sinclair from State/WSO Championship, National & International Competitions

Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
<b>JUNIOR WOMEN U20 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	272.844	55kg	Leila	Cook	AZ	20	Unattached	54.54	81	108	189	6/28/22
2	248.661	71kg	Addie	Anderson	UT	20	Zion Barbell	69.85	90	111	201	9/16/23
3	231.942	55kg	Jordan	Nantz	AZ	17	Power & Grace Performance	54.70	72	89	161	12/22/23
4	231.105	87kg	Kaylee	Landa	AZ	20	Power & Grace Performance	83.05	92	111	203	10/19/24
5	226.605	49kg	Amelia	Phillips	AZ	15	Power & Grace Performance	48.60	62	82	144	8/28/24
6	219.279	59kg	Grace	Le	UT	20	Praxis Weightlifting	58.30	69	90	159	6/28/23
7	214.703	+87kg	Malia	Levy	UT	18	Praxis Weightlifting	119.20	90	120	210	11/18/23
8	210.476	76kg	Celina	Ortega	AZ	20	Sanctuary Barbell	75.45	75	102	177	10/8/22
9	207.990	55kg	Caitlyn	Ogami	AZ	20	Alee Athletics	54.50	64	80	144	6/18/24
10	203.263	59kg	Mahealani	Mason	AZ	15	Power & Grace Performance	58.07	67	80	147	12/5/24
11	201.142	59kg	Carli	McBride	AZ	20	Power & Grace Performance	59.00	65	82	147	10/19/24
12	199.199	76kg	Zavia	Burton	NM	18	Miller Weightlifting	75.90	76	92	168	10/27/24
13	197.724	55kg	Brooklyn	Moore	AZ	18	Power & Grace Performance	53.45	60	75	135	6/28/22
14	197.641	49kg	Mahealani	Ikei	AZ	17	Power & Grace Performance	48.80	57	69	126	6/27/22
15	196.342	64kg	Kale'a	Mason	AZ	19	Power & Grace Performance	61.93	67	81	148	6/29/22
16	188.016	59kg	Natalia	Frumker	AZ	17	Unattached	57.45	58	77	135	12/5/24
17	187.907	76kg	Chloe	Pickett	UT	19	Praxis Weightlifting	75.43	71	87	158	6/19/24
18	184.722	59kg	Kawena	Mason	AZ	18	Power & Grace Performance	59.00	62	73	135	10/19/24
19	184.005	64kg	Alexandra	Hibbs	AZ	17	Sanctuary Barbell	61.43	63	75	138	12/6/24
20	179.842	64kg	Brynli	McBride	AZ	17	Power & Grace Performance	63.00	59	78	137	6/17/24
21	179.110	59kg	Marlie	Manning	UT	17	Zion Barbell	57.05	55	73	128	6/26/23
22	179.110	59kg	Paige	Hanchett	AZ	16	Power & Grace Performance	57.05	57	71	128	12/22/23
23	177.302	64kg	Gemma	Eros	NV	17	Las Vegas Barbell	61.45	59	74	133	9/15/23
24	176.090	55kg	Maya	Litt	AZ	15	Sanctuary Barbell	52.70	51	68	119	10/19/24
25	175.096	71kg	Izabella	Holly	AZ	17	Cienega Iron Cats	64.27	56	79	135	6/26/23

<b>YOUTH WOMEN U17 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	231.942	55kg	Jordan	Nantz	AZ	17	Power & Grace Performance	54.70	72	89	161	12/22/23
2	226.605	49kg	Amelia	Phillips	AZ	15	Power & Grace Performance	48.60	62	82	144	8/28/24
3	223.945	81kg	Kaylee	Landa	AZ	17	Power & Grace Performance	79.50	87	106	193	12/3/22
4	203.263	59kg	Mahealani	Mason	AZ	15	Power & Grace Performance	58.07	67	80	147	12/5/24
5	197.641	49kg	Mahealani	Ikei	AZ	17	Power & Grace Performance	48.80	57	69	126	6/27/22
6	195.554	+81kg	Malia	Levy	UT	17	Praxis Weightlifting	118.25	82	109	191	3/6/22
7	191.373	71kg	Zavia	Burton	NM	17	Miller Weightlifting	70.96	70	86	156	10/5/23
8	188.016	59kg	Natalia	Frumker	AZ	17	Unattached	57.45	58	77	135	12/5/24
9	184.005	64kg	Alexandra	Hibbs	AZ	17	Sanctuary Barbell	61.43	63	75	138	12/6/24
10	179.842	64kg	Brynli	McBride	AZ	17	Power & Grace Performance	63.00	59	78	137	6/17/24
11	179.110	59kg	Marlie	Manning	UT	17	Zion Barbell	57.05	55	73	128	6/26/23
12	179.110	59kg	Paige	Hanchett	AZ	16	Power & Grace Performance	57.05	57	71	128	12/22/23
13	177.302	64kg	Gemma	Eros	NV	17	Las Vegas Barbell	61.45	59	74	133	9/15/23
14	176.090	55kg	Maya	Litt	AZ	15	Sanctuary Barbell	52.70	51	68	119	10/19/24
15	175.645	59kg	Kawena	Mason	AZ	17	Power & Grace Performance	56.04	57	67	124	12/7/23
16	175.096	71kg	Izabella	Holly	AZ	17	Cienega Iron Cats	64.27	56	79	135	6/26/23
17	175.054	+81kg	Sofia	Boonzaayer	AZ	17	Fifty-One Fifty Weightlifting Club	82.08	70	83	153	10/28/23
18	174.212	64kg	Olivia	Barclay	NV	17	Calavera Barbell	62.45	57	75	132	6/27/22
19	173.775	59kg	Maia	Burrows	NV	17	Las Vegas Barbell	59.00	57	70	127	6/16/24
20	170.937	76kg	Kodi	McBride	AZ	14	Power & Grace Performance	74.65	65	78	143	10/19/24
21	169.866	45kg	Gabriella	Pfund	AZ	16	Performance One Weightlifting	44.27	46	54	100	6/26/22
22	165.607	59kg	Trinity	Perez	NM	17	High Desert Athletic Club	58.24	52	68	120	10/30/22
23	162.864	40kg	Tierany	Lally	AZ	16	Power & Grace Performance	36.35	36	44	80	10/19/24
24	157.232	55kg	Brylee	Colwell	AZ	15	Power & Grace Performance	54.60	50	59	109	6/25/23
25	156.543	64kg	Delaney	Brown	AZ	14	Power & Grace Performance	61.93	52	66	118	12/5/24



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<b>YOUTH WOMEN U15 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	226.605	49kg	Amelia	Phillips	AZ	15	Power & Grace Performance	48.60	62	82	144	8/28/24
2	203.263	59kg	Mahealani	Mason	AZ	15	Power & Grace Performance	58.07	67	80	147	12/5/24
3	176.090	55kg	Maya	Litt	AZ	15	Sanctuary Barbell	52.70	51	68	119	10/19/24
4	170.937	76kg	Kodi	McBride	AZ	14	Power & Grace Performance	74.65	65	78	143	10/19/24
5	168.013	55kg	Brynli	McBride	AZ	15	Power & Grace Performance	54.95	50	67	117	12/1/22
6	163.596	55kg	Paige	Hanchett	AZ	15	Power & Grace Performance	53.65	52	60	112	12/1/22
7	157.232	55kg	Brylee	Colwell	AZ	15	Power & Grace Performance	54.60	50	59	109	6/25/23
8	156.543	64kg	Delaney	Brown	AZ	14	Power & Grace Performance	61.93	52	66	118	12/5/24
9	152.843	55kg	Brinlee	Huber	AZ	14	Power & Grace Performance	51.81	46	56	102	12/5/24
10	151.597	55kg	Kaiya	Blackhurst	AZ	13	Power & Grace Performance	49.68	45	53	98	12/5/24
11	151.524	36kg	Juliette	Phillips	AZ	12	Power & Grace Performance	35.16	31	41	72	6/15/24
12	151.013	59kg	Rowan	Scyphers	NV	15	Calavera Barbell	57.90	49	60	109	6/25/23
13	147.557	55kg	Luna	Gilmore	AZ	13	Power & Grace Performance	54.38	44	58	102	6/15/24
14	147.377	36kg	Lilly	Mullenau	AZ	13	Power & Grace Performance	34.65	30	39	69	12/5/24
15	146.729	36kg	Tierany	Lally	AZ	15	Power & Grace Performance	32.85	30	35	65	12/7/23
16	145.104	59kg	Maia	Burrows	NV	15	Las Vegas Barbell	58.12	47	58	105	6/26/22
17	142.053	40kg	Brianna	DiCosmo	AZ	14	Power & Grace Performance	37.00	31	40	71	10/19/24
18	141.497	55kg	Payton	Wasson	NM	15	High Desert Athletic Club	53.75	43	54	97	6/25/23
19	141.266	49kg	Reagan	Case	AZ	14	Power & Grace Performance	58.79	46	57	103	12/5/24
20	140.803	55kg	Penelope	Myers	NV	15	Calavera Barbell	54.12	43	54	97	6/26/22
21	140.334	64kg	Adriana	Kist	NM	15	High Desert Athletic Club	61.20	45	60	105	10/30/22
22	135.548	+76kg	McKenzie	Sheldon	AZ	14	Alee Athletics	76.85	52	63	115	6/25/23
23	134.631	45kg	Lucy	Mullenau	AZ	15	Power & Grace Performance	44.76	34	46	80	6/25/23
24	131.722	+64kg	Lily	Ontiveros	AZ	12	Power & Grace Performance	78.70	51	62	113	12/5/24
25	131.344	55kg	Brinley	Phillips	AZ	15	Power & Grace Performance	49.75	40	45	85	6/26/22

Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
<b>YOUTH WOMEN U13 - TOP 25 ALL-TIME PERFORMANCES</b>												
1	171.463	49kg	Mahealani	Mason	AZ	13	Power & Grace Performance	48.06	49	59	108	12/1/22
2	154.620	+64kg	Kodi	McBride	AZ	13	Power & Grace Performance	80.50	62	72	134	12/22/23
3	151.597	55kg	Kaiya	Blackhurst	AZ	13	Power & Grace Performance	49.68	45	53	98	12/5/24
4	151.524	36kg	Juliette	Phillips	AZ	12	Power & Grace Performance	35.16	31	41	72	6/15/24
5	151.522	45kg	Amelia	Phillips	AZ	13	Power & Grace Performance	42.44	38	48	86	6/25/22
6	147.557	55kg	Luna	Gilmore	AZ	13	Power & Grace Performance	54.38	44	58	102	6/15/24
7	147.377	36kg	Lilly	Mullenau	AZ	13	Power & Grace Performance	34.65	30	39	69	12/5/24
8	134.678	55kg	Delaney	Brown	AZ	13	Power & Grace Performance	54.30	41	52	93	6/24/23
9	131.722	+64kg	Lily	Ontiveros	AZ	12	Power & Grace Performance	78.70	51	62	113	12/5/24
10	129.969	30kg	Lilly	Mullenau	AZ	11	Power & Grace Performance	29.40	23	28	51	10/15/22
11	126.289	49kg	Brinlee	Huber	AZ	13	Power & Grace Performance	46.90	35	43	78	6/24/23
12	123.035	30kg	Madison	DiCosmo	AZ	11	Power & Grace Performance	29.25	21	27	48	10/19/24
13	122.023	+64kg	McKenzie	Sheldon	AZ	13	Alee Athletics	77.60	47	57	104	10/15/22
14	119.783	+64kg	Lei	Prescott	AZ	12	Power & Grace Performance	74.34	43	57	100	12/5/24
15	117.269	55kg	Gabriella	Kist	NM	13	High Desert Athletic Club	54.32	37	44	81	10/30/22
16	113.050	33kg	Briana	DiCosmo	AZ	13	Power & Grace Performance	32.80	20	30	50	12/22/23
17	110.247	45kg	Maya	Litt	AZ	13	Scottsdale Barbell	42.00	27	35	62	10/15/22
18	108.707	55kg	Reign	Gilmore	AZ	11	Power & Grace Performance	50.35	31	40	71	6/25/22
19	105.158	59kg	Audrina	Olsen	UT	12	Praxis Weightlifting	55.78	33	41	74	6/15/24
20	93.791	36kg	Harper	Barclay	NV	11	Calavera Barbell	35.50	18	27	45	6/24/23
21	89.554	55kg	Reese	Whiting	AZ	11	Power & Grace Performance	49.80	28	30	58	6/24/23
22	87.334	+64kg	Maya	Colvin	AZ	13	Power & Grace Performance	70.60	31	40	71	6/24/23
23	84.751	30kg	Gianna	Palmer	AZ	9	Power & Grace Performance	29.20	15	18	33	10/19/24
24	82.222	55kg	Michaela	Jolly	AZ	13	Power & Grace Performance	54.60	25	32	57	10/15/22
25	79.357	+64kg	Malayna	Velasquez	NM	13	High Desert Athletic Club	71.61	27	38	65	10/30/22