



MOUNTAIN SOUTH WSO RECORDS

TOP PERFORMANCES



From 1/1/2022 through 12/8/2024

Ranked by SMF from State/WSO Championship, National & International Competitions

Rank	SMF	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
MASTERS MEN OVERALL - TOP 50 ALL-TIME PERFORMANCES												
1	413.952	73kg	Phil	Johnson	AZ	35	Alee Athletics	71.58	128	155	283	5/27/23
2	399.858	81kg	Thomas	Morga	AZ	41	Perception Weightlifting	80.89	120	154	274	12/7/22
3	399.428	73kg	William	Bybee	NV	42	Las Vegas Barbell	73.00	120	135	255	3/22/24
4	390.040	109kg	Doug	Clouse	AZ	52	Performance One Weightlifting	105.50	117	147	264	10/19/24
5	388.204	81kg	James	Ellis	AZ	36	Scottsdale Barbell	79.23	126	153	279	12/9/22
6	383.483	109kg	Matthew	Sheldon	AZ	43	Alee Athletics	109.00	127	167	294	10/9/22
7	380.553	81kg	Keith	Weitz	AZ	36	Performance One Weightlifting	80.01	120	155	275	10/29/23
8	377.139	73kg	Jesse	Vezina	AZ	38	Vehement Elite Athletics	72.40	110	141	251	4/24/22
9	375.860	+109kg	Shawn	Hanrahan	AZ	49	Unattached	117.25	118	157	275	10/9/22
10	374.984	+109kg	Michael	Higgins	AZ	60	D'Namo Weightlifting Club	128.60	105	130	235	12/3/22
11	372.193	73kg	William	Bybee	NV	40	Las Vegas Barbell	72.87	114	129	243	12/7/22
12	365.883	96kg	Marshall	Flagg	NV	56	California Strength	92.05	96	122	218	3/21/24
13	359.903	73kg	Carlos	Hernandez	NV	41	Calavera Barbell	71.80	105	125	230	4/23/22
14	359.701	89kg	John	Hazdovac	AZ	39	Unattached	88.85	120	145	265	10/8/22
15	355.451	96kg	Beau	Poteet	AZ	35	David L Brown	94.40	130	152	282	10/9/22
16	355.069	73kg	Kevin	Dittler	AZ	58	Scottsdale Barbell	72.89	84	96	180	5/25/23
17	353.866	81kg	Eugene	McDougall	AZ	50	The Jungle weightlifting	81.00	98	120	218	6/10/22
18	350.771	73kg	Darren	Yager	UT	56	Catalyst Masters	72.73	79	105	184	12/3/22
19	350.562	89kg	Christopher	Simmons	NV	37	Las Vegas Barbell	88.58	116	148	264	3/24/24
20	349.312	81kg	David	Partridge	AZ	58	Kingman Barbell Club	78.50	80	105	185	10/19/24
21	344.217	67kg	Eric	Bramwell	AZ	52	Power & Grace Performance	65.55	81	100	181	4/22/22
22	341.730	109kg	Zachary	Brodix	UT	39	Utah Barbell Club	105.20	130	141	271	4/24/22
23	340.917	102kg	Thomas	Greding	UT	55	California Strength	97.13	96	116	212	3/16/23
24	340.893	89kg	James	Braun	AZ	45	WestFit Weightlifting	82.84	96	130	226	12/5/24
25	340.007	67kg	Ryan	Dana	UT	43	Zion Barbell	66.00	90	111	201	4/23/22
26	338.906	81kg	Gary	Dinh	NM	37	Strength Academy Weightlifting	80.61	107	136	243	9/17/22
27	338.139	109kg	Joseph	Nicholes	UT	35	Waxman's Gym	107.55	120	163	283	4/24/22
28	332.606	96kg	Eugene	Shem	NM	35	High Desert Athletic Club	95.30	115	150	265	10/9/22
29	330.999	55kg	Miguel Morales	Ortiz	NV	35	Las Vegas Barbell	49.43	77	95	172	3/23/24
30	329.266	102kg	Rufe	Bynum	AZ	35	High Desert Athletic Club	102.00	120	150	270	10/29/23
31	328.753	96kg	Cesario	Cuenca	NV	40	Las Vegas Barbell	95.83	108	140	248	3/23/24
32	325.234	89kg	Samuel	Ornelas	AZ	48	Unattached	88.50	93	122	215	4/22/22
33	325.053	89kg	Richard	Smith	AZ	48	Performance One Weightlifting	88.60	95	120	215	10/19/24
34	324.110	73kg	Jean-Jaques	Cabou	AZ	45	Catalyst Masters	71.90	88	110	198	3/3/22
35	323.059	73kg	Douglas	Perusso	NV	37	Las Vegas Barbell	72.10	100	117	217	4/24/22
36	322.742	96kg	Weston	Winegar	UT	56	Praxis Weightlifting	93.83	83	111	194	12/4/22
37	321.615	67kg	Christopher	Harney	NM	41	Fortis Weightlifting Club	66.71	87	109	196	3/22/24
38	320.742	89kg	Danial	Eros	NV	50	Las Vegas Barbell	87.73	92	114	206	3/22/24
39	320.737	89kg	James	Lee	NV	47	Las Vegas Barbell	87.17	93	120	213	3/22/24
40	317.916	67kg	Sean	Barclay	NV	48	Calavera Barbell	66.50	83	95	178	3/22/24
41	317.298	+109kg	Austin	Harris	AZ	36	P1 Barbell	123.55	120	155	275	4/24/22
42	316.539	89kg	Glenn	Canales	NM	58	Unattached	86.89	81	96	177	10/27/24
43	315.808	+109kg	Francisco	Barrios	AZ	36	WestFit Weightlifting	120.90	118	154	272	4/24/22
44	314.203	89kg	Michael	Burr	UT	41	Waxman's Gym	88.02	97	128	225	12/6/24
45	313.614	81kg	Joseph	Dressler	AZ	41	Relentless Weightlifting Club	79.60	90	123	213	4/23/22
46	313.588	89kg	Keith	Lyons	NV	35	Las Vegas Barbell	88.25	112	129	241	12/9/22
47	311.629	96kg	Curtis	Griffin	AZ	41	Unattached	93.80	100	130	230	4/23/22
48	311.259	73kg	Josh	Purcell	AZ	41	Unattached	71.85	89	110	199	12/5/24
49	309.822	109kg+	Chris	Walls	NM	44	CF Fort Vancouver Barbell	122.52	107	137	244	3/23/24
50	309.822	+109kg	Chris	Walls	NM	44	CrossFit Fort Vancouver Barbell C	122.52	107	137	244	3/23/24