



MOUNTAIN SOUTH WSO RECORDS

TOP PERFORMANCES



From 1/1/2022 through 12/8/2024

Ranked by Sinclair from State/WSO Championship, National & International Competitions

Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
OPEN MEN OVERALL - TOP 50 ALL-TIME PERFORMANCES												
1	417.530	+109kg	Keiser	Witte	AZ	28	ALEE Athletics	157.55	192	220	412	7/2/23
2	405.110	109kg	Xavier	Borde	AZ	31	ALEE Athletics	108.80	158	207	365	12/8/24
3	394.812	81kg	Nathan	Cerwinske	AZ	22	Performance One Weightlifting	80.96	137	174	311	7/1/22
4	393.961	81kg	Bryan	Cuellar	UT	29	Waxman's Gym	80.33	136	173	309	12/3/22
5	386.149	73kg	Phil	Johnson	AZ	35	ALEE Athletics	71.58	128	155	283	5/27/23
6	372.011	96kg	Jimmy	Marquez	AZ	28	ALEE Athletics	93.49	140	175	315	7/1/23
7	367.945	81kg	Maximillian	Whooley	AZ	24	Union Weightlifting	78.55	127	158	285	6/29/22
8	362.971	96kg	Malek	Mousa	NM	28	Strength Academy Weightlifting	95.29	134	176	310	8/30/24
9	360.828	73kg	Derek	Nguyen	AZ	33	ALEE Athletics	72.70	112	155	267	12/2/22
10	358.453	81kg	James	Ellis	AZ	36	Scottsdale Barbell	79.23	126	153	279	12/9/22
11	357.802	81kg	Adam	Willman	NV	29	Star City Barbell	80.00	122	158	280	6/30/23
12	356.936	61kg	Lourence	Cabantog	NV	30	Las Vegas Barbell	60.35	103	130	233	6/30/23
13	355.945	96kg	Eloi	Ishya	AZ	26	Olympia Weightlifting Center	96.00	135	170	305	10/9/22
14	355.247	89kg	Maximiliano	Bernal	NM	29	High Deser Athletic Club	88.45	127	166	293	7/2/22
15	354.116	81kg	Jack	Walbye	UT	26	Waxman's Gym	80.99	124	155	279	6/22/24
16	351.388	81kg	Keith	Weitz	AZ	36	Performance One Weightlifting	80.01	120	155	275	10/29/23
17	348.005	81kg	Thomas	Morga	AZ	41	Perception Weightlifting	80.89	120	154	274	12/7/22
18	343.742	73kg	William	Bybee	NV	42	Las Vegas Barbell	73.00	120	135	255	3/22/24
19	343.555	81kg	Alexander	Souvall	UT	31	Waxman's Gym	80.62	120	150	270	12/6/24
20	343.001	102kg	Jordan	Berroteram	UT	34	Zion Barbell	101.57	135	166	301	12/8/24
21	342.909	+109kg	Justin	Togisala	UT	33	Proven Strength Weightlifting	176.60	151	191	342	5/14/22
22	342.857	89kg	Jacob	Johnsson	UT	26	Waxman's Gym	87.33	129	152	281	12/7/24
23	342.460	73kg	Cameron	Dowling	AZ	17	High Desert Athletic Club	72.51	110	143	253	12/6/24
24	342.024	73kg	Martin	Glenn-Adams	AZ	25	Fifty-One Fifty Weightlifting Club	72.66	112	141	253	12/6/24
25	341.355	81kg	Alden	Chiu	UT	22	Zion Barbell	79.93	122	145	267	6/19/24
26	340.071	73kg	Jesse	Vezina	AZ	38	Vehement Elite Athletics	72.40	110	141	251	4/24/22
27	339.442	73kg	Riley	Banez	NM	27	Strength Academy Weightlifting	72.15	110	140	250	12/2/22
28	336.788	73kg	Reed	Hill	UT	29	Praxis Weightlifting	72.60	114	135	249	10/8/22
29	336.694	96kg	Spencer	Dent	UT	20	Zion Barbell	95.62	136	152	288	3/2/24
30	334.170	89kg	Jonathan Dela	Cruz	NV	21	Las Vegas Barbell	88.05	125	150	275	6/28/23
31	331.785	81kg	Jonathan Dela	Cruz	NV	20	Las Vegas Barbell	80.20	117	143	260	6/29/22
32	331.778	81kg	Calvin	Barcena	AZ	20	ALEE Athletics	79.10	112	146	258	6/29/22
33	331.577	96kg	Beau	Poteet	AZ	35	David L Brown	94.40	130	152	282	10/9/22
34	330.262	73kg	Mario	Mikha	AZ	34	Unattached	73.00	110	135	245	10/19/24
35	329.887	96kg	Oliver	Carras	AZ	24	Performance One Weightlifting	97.83	125	160	285	6/19/24
36	329.190	73kg	Reed	Hill	UT	29	Praxis Weightlifting	72.90	110	134	244	12/2/22
37	329.162	61kg	Anthony	Peralta	AZ	26	SAS Weightlifting Club	60.40	95	120	215	6/30/23
38	328.972	67kg	Ruskin	Griffith	AZ	22	ALEE Athletics	65.70	103	125	228	7/1/22
39	328.848	89kg	Levi	Nielson	UT	30	Circle X Barbell	88.30	120	151	271	11/18/23
40	327.598	73kg	Christian	Salas	NV	25	Las Vegas Barbell	72.50	108	134	242	6/28/22
41	326.091	109kg	Matthew	Sheldon	AZ	43	ALEE Athletics	109.00	127	167	294	10/9/22
42	325.529	73kg	Kolbi	Montoya	NM	20	Strength Academy Weightlifting	72.27	105	135	240	8/29/24
43	325.302	102kg	Kyle	Morris	UT	25	Unattached	99.45	123	160	283	11/18/23
44	324.735	81kg	Cameron	Lee	UT	21	Circle X Barbell	80.50	115	140	255	11/18/23
45	322.783	89kg	James	Wollum	AZ	21	Fifty-One Fifty Weightlifting Club	87.63	120	145	265	6/19/24
46	322.126	96kg	Zachary	White	AZ	20	Performance One Weightlifting	95.20	130	145	275	10/29/23
47	322.003	67kg	Ben	Nguyen	AZ	23	SAS Weightlifting Club	66.50	97	128	225	6/27/23
48	321.992	81kg	Matthew	Palmer	UT	27	Waxman's Gym	76.69	110	136	246	10/8/22
49	320.589	89kg	John	Hazdovac	AZ	39	Unattached	88.85	120	145	265	10/8/22
50	319.856	89kg	Christopher	Simmons	NV	37	Las Vegas Barbell	88.58	116	148	264	3/24/24