



MOUNTAIN SOUTH WSO RECORDS

TOP PERFORMANCES



From 1/1/2022 through 12/8/2024

Ranked by Sinclair from WSO/State Championships, National & International Competitions

Rank	Sinclair	Cat	First Name	Last Name	State	Age	Team/Club	BW	Snatch	CJ	Total	Date
OPEN WOMEN OVERALL - TOP 50 ALL-TIME PERFORMANCES												
1	272.844	55kg	Leila	Cook	AZ	20	Unattached	54.54	81	108	189	6/28/22
2	269.492	81kg	Maci	Winn	UT	28	Praxis Weightlifting	80.85	108	126	234	7/3/22
3	261.756	55kg	Kayla	Cocker	UT	30	Power & Grace Performance	54.83	84	98	182	6/21/24
4	259.459	45kg	Gretchen	Villa	AZ	32	ALEE Athletics	44.70	71	83	154	3/4/22
5	252.388	76kg	Alexa	Snyder	NV	30	1Kilo	74.55	95	116	211	12/9/23
6	250.024	71kg	Addie	Anderson	UT	21	Zion Barbell	69.15	90	111	201	3/2/24
7	248.698	64kg	Kaija	Bramwell	UT	25	Power & Grace Performance	60.64	82	103	185	6/29/22
8	243.467	55kg	Angela	Gallegos	AZ	27	Olympia Weightlifting Center	54.70	74	95	169	10/8/22
9	242.221	76kg	Crystal	Pittman	AZ	31	Fifty-One Fifty Weightlifting Club	74.18	92	110	202	7/2/22
10	241.201	71kg	Katrina	Rasmussen	UT	35	Coffee's Gym	70.54	84	112	196	12/9/22
11	239.378	87kg+	Rebecca	Walker	AZ	27	Performance One Weightlifting	100.45	100	125	225	10/19/24
12	236.730	71kg	Cassandra	Huffman	NV	32	Unattached	69.61	88	103	191	7/2/22
13	235.301	81kg	Megan	Brasee	AZ	30	ALEE Athletics	80.57	90	114	204	12/8/24
14	234.800	59kg	Brena	Andrews	AZ	29	SAS Weightlifting Club	63.66	80	100	180	8/30/24
15	233.055	64kg	Yuliana	Lopez	AZ	24	Sun Devil Weightlifting	63.86	77	102	179	3/1/24
16	231.942	55kg	Jordan	Nantz	AZ	17	Power & Grace Performance	54.70	72	89	161	12/22/23
17	231.238	64kg	Samantha	Ellison	AZ	31	Sanctuary Barbell	63.50	77	100	177	10/28/23
18	231.105	87kg	Kaylee	Landa	AZ	20	Power & Grace Performance	83.05	92	111	203	10/19/24
19	229.888	64kg	Morgan	Huppenthal	AZ	30	Performance One Weightlifting	63.52	76	100	176	10/28/23
20	229.655	55kg	Tram	Tran	AZ	29	Sanctuary Barbell	54.50	71	88	159	12/1/22
21	227.977	71kg	Mia	Rasmussen	AZ	21	Alpha Barbell	68.96	80	103	183	6/29/22
22	227.220	71kg	Kayli	Kullos	AZ	30	ALEE Athletics	70.80	81	104	185	10/19/24
23	226.605	49kg	Amelia	Phillips	AZ	15	Power & Grace Performance	48.60	62	82	144	8/28/24
24	226.186	+87kg	Deanna	McGillivray	NM	38	Strength Academy Weightlifting	92.40	92	115	207	3/24/24
25	225.106	81kg	Amanda	Cook	NV	41	Calavera Barbell	79.50	86	108	194	9/17/23
26	223.907	87kg	Brittany	Latham	NV	30	Battle Born Barbell	86.54	84	116	200	12/10/23
27	222.439	55kg	Jessica	Gianardi	NM	31	Strength Academy Weightlifting	55.00	65	90	155	10/26/24
28	222.021	64kg	Kathleen	Marco	AZ	31	Union Weightlifting	62.92	76	93	169	5/14/22
29	221.132	+87kg	Katelyn	Curtis	UT	37	KC Weightlifting	100.70	89	119	208	3/24/24
30	220.092	55kg	Jessica	Weiss	NV	30	Las Vegas Barbell	53.81	66	85	151	8/29/24
31	219.279	59kg	Grace	Le	UT	20	Praxis Weightlifting	58.30	69	90	159	6/28/23
32	219.017	71kg	Andi	Johnson	NM	26	Strength Academy Weightlifting	70.56	81	97	178	8/30/24
33	218.120	45kg	Melissa-Dianne	Lyons	NV	34	Las Vegas Barbell	44.92	59	71	130	8/29/24
34	217.680	71kg	Jillian	Nordmeyer	NV	35	Calavera Barbell	67.73	78	95	173	3/24/24
35	217.511	71kg	Nyah	Namismak	AZ	24	Sanctuary Barbell	69.25	83	92	175	3/2/24
36	217.219	87kg	Emily	Kessler-Lewis	NM	29	Team Western New York	86.51	87	107	194	10/27/24
37	216.967	71kg	Sydnee	Percival	NM	31	Strength Academy Weightlifting	69.57	75	100	175	10/30/22
38	216.857	64kg	Camila	Lobon	NM	27	Unattached	59.87	70	90	160	10/30/22
39	215.499	64kg	Jenny	Clouse	AZ	48	Performance One Weightlifting	63.53	75	90	165	10/28/23
40	214.703	+87kg	Malia	Levy	UT	18	Praxis Weightlifting	119.20	90	120	210	11/18/23
41	214.307	76kg	Megan	Briscoe	UT	24	Power & Grace Performance	75.26	76	104	180	5/14/22
42	212.723	59kg	Patricia	Bennett	AZ	38	Sanctuary Barbell	58.16	70	84	154	3/23/24
43	212.600	55kg	Natalie Jean	Vezina	AZ	35	Sanctuary Barbell	54.40	65	82	147	4/23/22
44	212.123	71kg	Savaughn	Christman	NV	26	Las Vegas Barbell	69.50	73	98	171	12/2/22
45	211.339	64kg	Victoria	Brownlow	UT	30	Praxis Weightlifting	61.74	71	88	159	5/14/22
46	211.021	64kg	Lylene	Avalos	NM	27	High Desert Athletic Club	63.16	71	90	161	10/28/23
47	210.476	76kg	Celina	Ortega	AZ	20	Sanctuary Barbell	75.45	75	102	177	10/8/22
48	209.537	64kg	Sidney	Ford	UT	26	Broken Record Barbell	62.60	66	93	159	5/14/22
49	208.784	71kg	Jessica	Knoblock	NV	25	Las Vegas Barbell	70.03	75	94	169	8/30/24
50	208.766	55kg	Haylee	Rawdin	AZ	22	Unattached	53.69	64	79	143	6/28/22