

# MOUNTAIN SOUTH BEST LIFTER

---

## Natalia Frumker

---

RECOGNIZING THE TOP PERFORMANCE AT THE

**NORTH AMERICAN OPEN FINALS**  
December 5, 2024 - Tucson, AZ

IN THE FOLLOWING DIVISION

**YOUTH WOMEN U17**

CAT	BODYWEIGHT	TOTAL	SINCLAIR
<b>59kg</b>	<b>57.45kg</b>	<b>135kg</b>	<b>188.016</b>



*Amanda Cook*

Amanda Cook - Mountain South President