

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Alvin Matthews

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN FINALS
December 7, 2024 - Tucson, AZ

IN THE FOLLOWING CATEGORY & DIVISION

81kg MASTERS MEN 70-74

SNATCH

52kg

CLEAN & JERK

65kg

TOTAL

117kg



Amanda Cook

Amanda Cook - Mountain South President