

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Beth DeFelice

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN FINALS
December 5, 2024 - Tucson, AZ

IN THE FOLLOWING CATEGORY & DIVISION

55kg MASTERS WOMEN 55-59

SNATCH

CLEAN & JERK

TOTAL

48kg

84kg



Amanda Cook

Amanda Cook - Mountain South President