

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Jaime Gale

HAS ESTABLISHED A NEW RECORD AT THE

NORTH AMERICAN OPEN FINALS
December 8, 2024 - Tucson, AZ

IN THE FOLLOWING CATEGORY & DIVISION

87kg MASTERS WOMEN 65-69

SNATCH

30kg
33kg

CLEAN & JERK

42kg
45kg

TOTAL

75kg
78kg



Amanda Cook

Amanda Cook - Mountain South President