

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Gianna Palmer

HAS ESTABLISHED A NEW RECORD AT THE

YOUTH NATIONAL CHAMPIONSHIP
June 21, 2024 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

48KG JUNIOR WOMEN

SNATCH

19kg
21kg

CLEAN & JERK

25kg

TOTAL

46kg



Amanda Cook

Amanda Cook - Mountain South President