

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Rowan Scyphers

HAS ESTABLISHED A NEW RECORD AT THE

YOUTH NATIONAL CHAMPIONSHIP
June 23, 2024 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

63KG JUNIOR WOMEN

SNATCH

55kg

58kg

61kg

CLEAN & JERK

65kg

TOTAL

126kg



Amanda Cook

Amanda Cook - Mountain South President