

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Gavin Dahle

HAS ESTABLISHED A NEW RECORD AT THE

YOUTH NATIONAL CHAMPIONSHIP
June 23, 2024 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

110KG+ OPEN MEN



SNATCH

83kg
87kg

CLEAN & JERK

100kg
105kg

TOTAL

187kg
192kg

Amanda Cook

Amanda Cook - Mountain South President