

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Bode Dahle

HAS ESTABLISHED A NEW RECORD AT THE

YOUTH NATIONAL CHAMPIONSHIP
June 21, 2024 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

60KG OPEN MEN

SNATCH

19kg
21kg

CLEAN & JERK

29kg
31kg

TOTAL

50kg
52kg



Amanda Cook

Amanda Cook - Mountain South President