

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Flynn King

HAS ESTABLISHED A NEW RECORD AT THE

YOUTH NATIONAL CHAMPIONSHIP
June 23, 2024 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

71KG OPEN MEN

SNATCH

86kg

90kg

CLEAN & JERK

104kg

108kg

112kg

TOTAL

194kg

198kg

202kg



Amanda Cook

Amanda Cook - Mountain South President