

# MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

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## Rowan Scyphers

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HAS ESTABLISHED A NEW RECORD AT THE

**YOUTH NATIONAL CHAMPIONSHIP**  
**June 23, 2024 - Colorado Springs, CO**

IN THE FOLLOWING CATEGORY & DIVISION

**63KG OPEN WOMEN**

SNATCH

**55kg**

**58kg**

**61kg**

CLEAN & JERK

**65kg**

TOTAL

**126kg**



*Amanda Cook*

Amanda Cook - Mountain South President