

MOUNTAIN SOUTH WEIGHTLIFTING RECORD

THIS CERTIFIES THAT

Lily Ontiveros

HAS ESTABLISHED A NEW RECORD AT THE

YOUTH NATIONAL CHAMPIONSHIP
June 21, 2024 - Colorado Springs, CO

IN THE FOLLOWING CATEGORY & DIVISION

86KG+ OPEN WOMEN



SNATCH

52kg

CLEAN & JERK

63kg

66kg

70kg

TOTAL

115kg

118kg

122kg

Amanda Cook

Amanda Cook - Mountain South President